Year 9 Long Term Scheme of Learning 2026-2027

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National curriculum or specification coverage
The Year 9 PSHCE curriculum builds on the foundations established in Key Stage 3 and meets the statutory requirements of the Department for Education's Relationships, Sex and Health Education (RSHE) guidance, alongside the PSHE Association Programme of Study (2026–27). The curriculum is structured around the three core themes of Health and Wellbeing, Relationships, and Living in the Wider World, enabling students to deepen their understanding of safeguarding, healthy relationships, mental and physical wellbeing, financial capability, careers education and responsible citizenship. Lessons explore increasingly complex issues including exploitation, consent, online safety, crime, discrimination, financial risk, substance misuse and personal safety, equipping students with the knowledge, confidence and critical thinking skills needed to make informed decisions, manage risk and prepare for the transition into Key Stage 4 and adulthood. Careers education is delivered through Unifrog and supports the Gatsby Benchmarks, while financial education develops practical knowledge of modern financial products and online risks.

Date	Exams/ Assessments	Learning Intentions	Core Task/Assessments
31/08/26		**Mobile Phone Addiction 1** - To understand how excessive mobile phone use can affect physical and mental wellbeing.	**Core Task 1 – Safeguarding Case Study** **Topics:** Sexting, Sexual Exploitation, Domestic Abuse, FGM Students analyse a series of safeguarding scenarios and produce a written response identifying warning signs, risks and appropriate sources of support. **Assessment Focus:** Safeguarding awareness, decision-making, written communication. **Core Task 2 – Debate: *Is Technology Improving Young People's Lives?*** **Topics:** Mobile Phone Addiction Students prepare arguments exploring both the benefits and drawbacks of smartphone use
07/09/26		**Mobile Phone Addiction 2 -** To develop strategies for maintaining healthy and balanced digital habits.	
14/09/26		**Sexting** - To understand the legal, emotional and safeguarding implications of sharing sexual images.	
21/09/26		**Sexual Exploitation** - To recognise the signs of sexual exploitation and know how to seek help and support.	
28/09/26		**Domestic Violence & Abuse** - To understand the different forms of domestic abuse and how to access support safely.	
05/10/26		**FGM** - To understand what female genital mutilation is, why it is illegal and how to seek help if concerned.	
12/10/26		**Financial Capability – Mobile Phone Products** - To compare mobile phone contracts and understand how to make informed financial choices.	
19/10/26		**Firework Safety** - To recognise the risks associated with fireworks and understand how to stay safe.	

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			before taking part in a structured class debate. **Assessment Focus:** Oracy, critical thinking, evaluation.
26/10/26	HALF TERM		
02/11/26		**Careers – Unifrog (Computers)** - To use Unifrog to explore career pathways and plan future aspirations.	**Core Task 1 – Healthy Relationships Information Guide** **Topics:** Underage Sex, Contraception, STIs, Fertility, LGBTQ+ Identities Students create an information booklet promoting respectful relationships, sexual health and informed decision-making. **Assessment Focus:** Knowledge application, communication, health education. **Core Task 2 – Careers Reflection** **Topics:** Careers – Unifrog Students research a career pathway using Unifrog and explain the qualifications, skills and next steps required. **Assessment Focus:** Careers planning, research, written communication.
09/11/26		**Underage Sex** - To understand the legal, emotional and health implications of underage sexual activity.	
16/11/26		**International Men's Day** - To recognise positive masculinity and the importance of men's physical and mental wellbeing.	
23/11/26		**Contraception** - To understand the different methods of contraception and how they prevent pregnancy.	
30/11/26		**STIs** - To understand how sexually transmitted infections are spread, prevented and treated.	
07/12/26		**Fertility and Reproductive Health** - To understand fertility, reproductive health and factors that may affect them.	
14/12/26		**LGBTQ+ Identities** - To understand and respect the diversity of sexual orientation and gender identity.	
21/12/26	CHRISTMAS HOLIDAY		
28/12/26			
04/01/27		**Mental Health** - To understand how to promote positive mental health and access appropriate support.	**Core Task 1 – Wellbeing Action Plan** **Topics:** Mental Health, Social Anxiety, Body Image Students produce a personal wellbeing plan identifying protective factors, coping
11/01/27	Y9	**Body Image** - To recognise influences on body image and develop positive self-esteem.	
18/01/27	Y9	**Financial Capability – Crypto Currency** - To understand what cryptocurrency is and evaluate its risks and benefits.	
25/01/27		**Self-Harm** - To understand self-harm, challenge misconceptions and know how to seek support safely.	

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01/02/27		**Binge Drinking** - To recognise the risks associated with binge drinking and make informed choices.	strategies and sources of support. **Assessment Focus:** Reflection, resilience, application of learning. **Core Task 2 – Financial Risk Investigation** **Topics:** Cryptocurrency, Financial Exploitation Students investigate different financial scams and modern financial products before producing advice for young people on staying financially safe. **Assessment Focus:** Financial literacy, research, evaluation.
08/02/27		**Crime and Drugs** - To understand the links between drugs, crime and personal safety.	
15/02/27	HALF TERM		
22/02/27		**Harassment and Stalking** - To recognise harassment and stalking behaviours and understand legal protections and support.	**Core Task 1 – Personal Safety Advice Campaign (Written/Creative)** **Topics:** Harassment and Stalking, Social Anxiety, Financial Exploitation Students create an advice campaign (leaflet, poster or digital infographic) aimed at teenagers, explaining how to recognise harassment, stalking and financial exploitation, where to seek support, and practical strategies for staying safe both in person and online. **Assessment Focus:** Safeguarding knowledge, application of learning, communication and digital literacy.
01/03/27		**International Women's Day** - To celebrate women's achievements and promote gender equality.	
08/03/27		**National Careers Week – Unifrog (Computers)** - To investigate future pathways using Unifrog and reflect on career aspirations.	
15/03/27		**Social Anxiety** - To recognise the signs of social anxiety and explore strategies for managing it.	
22/03/27		**Financial Capability – Financial Exploitation** - To recognise financial exploitation and understand how to protect personal finances.	

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			Core Task 2 – Aspirations and Equality Presentation (Oracy) **Topics:** International Women's Day, National Careers Week (Unifrog) Using Unifrog research, students prepare and deliver a short presentation exploring a career that interests them. They should explain the qualifications and skills required, identify an inspirational role model (for example, a woman who has made a significant contribution in that field), and reflect on how equality and diversity have influenced opportunities within the profession. **Assessment Focus:** Careers education, oracy, research skills, equality and diversity awareness.
29/03/27 05/04/27	SPRING BREAK		
12/04/27		**Young Offenders** - To understand the causes and consequences of youth offending and the justice system.	**Core Task 1 – Community Safety Presentation** **Topics:** County Lines, Knife Crime, Hate Crime, Anti-Social Behaviour Working in groups, students prepare a presentation explaining how communities can reduce crime and support vulnerable young people. **Assessment Focus:** Oracy, collaboration, problem-solving. **Core Task 2 – Justice System Reflection** **Topics:** Young Offenders
19/04/27		**Anti-Social Behaviour** - To understand the impact of anti-social behaviour on individuals and communities.	
26/04/27		**Knife Crime** – To understand the risks and consequences of knife crime and how to make safe choices.	
03/05/27		**Knife Crime** – To understand the risks and consequences of knife crime and how to make safe choices.	
10/05/27		**Careers – Unifrog (Computers)** - To review career interests and explore routes into further education and employment.	
17/05/27		**Water Safety** - To recognise water hazards and understand how to stay safe in and around water.	
24/05/27		**Hate Crime** - To understand hate crime, its impact and how to challenge discrimination safely.	

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			Students write an extended response evaluating the causes of youth offending and the importance of rehabilitation. **Assessment Focus:** Critical thinking, written evaluation.
31/05/27	HALF TERM		
07/06/27	Y9	**County Lines** - To recognise the dangers of county lines exploitation and know how to seek help.	**Core Task 1 – Fake News Investigation** **Topics:** Fake News, Cybercrime, Online Fraud Students evaluate a range of online sources, identifying reliable information and explaining how misinformation spreads. **Assessment Focus:** Critical thinking, media literacy, digital citizenship. **Core Task 2 – Online Safety Campaign** **Topics:** Internet Safety and the Dark Web Students design an awareness campaign advising younger pupils how to stay safe online and protect themselves from cyber risks. **Assessment Focus:** Communication, safeguarding, creativity.
14/06/27	Y9	**Cybercrime and Online Fraud** - To recognise different forms of cybercrime and protect personal information online.	
21/06/27		**Internet Safety and the Dark Web** - To understand the risks associated with the dark web and unsafe online activity.	
28/06/27		**Fake News and Critical Thinking** - To evaluate online information critically and identify misinformation and fake news.	
05/07/27		**Railway Safety** - To understand how to stay safe around railways and recognise associated risks.	
12/07/27		**End of Year Quiz** - To consolidate and reflect on the knowledge and skills developed throughout Year 9.	

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Year 9 PSHCE – British Values Mapping

British values: Democracy; Rule of Law; Individual Liberty; Mutual Respect; Tolerance of Different Faiths and Beliefs.

Date	Lesson	British Value(s)	How it is met
31/08/26	Mobile Phone Addiction 1	Individual Liberty	Recognise how personal choices can affect wellbeing and make informed decisions.
07/09/26	Mobile Phone Addiction 2	Individual Liberty	Develop strategies to make independent and healthy digital choices.
14/09/26	Sexting	Rule of Law; Individual Liberty	Understand legal boundaries and make responsible choices about sharing images.
21/09/26	Sexual Exploitation	Individual Liberty; Rule of Law	Recognise unsafe situations, know your rights and understand how the law protects people.
28/09/26	Domestic Violence & Abuse	Rule of Law; Individual Liberty	Recognise the right to safety and understand legal protections and sources of support.
05/10/26	FGM	Rule of Law; Individual Liberty	Understand that FGM is illegal and know how to seek protection and support.
12/10/26	Financial Capability – Mobile Phone Products	Individual Liberty	Compare options and make informed financial choices.
19/10/26	Firework Safety	Rule of Law; Individual Liberty	Follow safety rules and make responsible choices around risk.
02/11/26	Careers – Unifrog (Computers)	Individual Liberty	Explore pathways and make informed choices about future aspirations.
09/11/26	Underage Sex	Rule of Law; Individual Liberty	Understand legal boundaries and make informed choices about relationships and health.
16/11/26	International Men's Day	Mutual Respect; Individual Liberty	Respect different experiences and promote positive, healthy behaviour.
23/11/26	Contraception	Individual Liberty; Mutual Respect	Make informed reproductive choices while respecting personal boundaries and decisions.
30/11/26	STIs	Individual Liberty; Mutual Respect	Make informed health choices and communicate responsibly in relationships.
07/12/26	Fertility and Reproductive Health	Individual Liberty; Mutual Respect	Understand reproductive choices and respect different experiences.

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14/12/26	LGBTQ+ Identities	Mutual Respect; Tolerance of Different Faiths and Beliefs	Respect diversity and recognise everyone's right to be themselves.
04/01/27	Mental Health	Individual Liberty; Mutual Respect	Make informed wellbeing choices and respond to others with empathy and respect.
11/01/27	Body Image	Individual Liberty; Mutual Respect	Develop positive self-esteem and respect differences in appearance and experience.
18/01/27	Financial Capability – Crypto Currency	Individual Liberty	Evaluate risks and benefits to make informed financial decisions.
25/01/27	Self-Harm	Individual Liberty; Mutual Respect	Recognise the right to seek support and respond to others with compassion and respect.
01/02/27	Binge Drinking	Individual Liberty	Make informed choices about health and understand the consequences of risk-taking.
08/02/27	Crime and Drugs	Rule of Law; Individual Liberty	Understand how laws protect communities and make safe, responsible choices.
22/02/27	Harassment and Stalking	Rule of Law; Individual Liberty	Understand legal protections and recognise everyone's right to safety.
01/03/27	International Women's Day	Mutual Respect; Individual Liberty	Promote equality and respect everyone's right to participate and succeed.
08/03/27	National Careers Week – Unifrog (Computers)	Individual Liberty	Explore future options and make informed career choices.
15/03/27	Social Anxiety	Individual Liberty; Mutual Respect	Develop personal strategies while showing empathy towards others.
22/03/27	Financial Capability – Financial Exploitation	Rule of Law; Individual Liberty	Recognise exploitation and protect personal rights and finances.
12/04/27	Young Offenders	Rule of Law; Mutual Respect	Understand the justice system and the importance of fair treatment and rehabilitation.
19/04/27	Anti-Social Behaviour	Rule of Law; Mutual Respect	Understand how shared rules protect communities and respect others.
26/04/27	Knife Crime	Rule of Law; Individual Liberty	Understand legal consequences and make safe, responsible choices.
03/05/27	Knife Crime	Rule of Law; Individual Liberty	Understand legal consequences and make safe, responsible choices.

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10/05/27	Careers – Unifrog (Computers)	Individual Liberty	Review options and make informed decisions about future pathways.
17/05/27	Water Safety	Rule of Law; Individual Liberty	Follow safety guidance and make responsible choices around water.
24/05/27	Hate Crime	Mutual Respect; Tolerance of Different Faiths and Beliefs; Rule of Law	Challenge discrimination and recognise the importance of equality and legal protection.
07/06/27	County Lines	Rule of Law; Individual Liberty	Recognise exploitation, understand risks and know how to seek protection.
14/06/27	Cybercrime and Online Fraud	Rule of Law; Individual Liberty	Understand legal boundaries and protect personal information responsibly.
21/06/27	Internet Safety and the Dark Web	Rule of Law; Individual Liberty	Follow online safety guidance and make informed choices about digital risks.
28/06/27	Fake News and Critical Thinking	Democracy; Individual Liberty	Evaluate information carefully so that opinions and decisions are informed.
05/07/27	Railway Safety	Rule of Law; Individual Liberty	Follow railway safety rules and make responsible choices around risk.
12/07/27	End of Year Quiz	Democracy; Mutual Respect	Participate fairly, listen to others and respect shared expectations.