

National curriculum or specification coverage

Assignment 1: R186 Sport and the media

Set Assignment – Scenario Title: Basketball or Boxing or Cycling (Road)

Task 1 – Media coverage of sport (12marks)

Task 2 – Positive effects of media on Sport (16 marks)

Task 3 – Negative effects of media in Sport (12 marks)

Assignment 2: R185 Performance and leadership in sports activities

Task 1 – Key components of performance. Developing your ability in two sports (28 marks)

Task 2 – Apply practice methods to support improvement in a sporting activity (14 marks)

Task 3 – Organising and planning a sporting activity session (14 marks)

Date	Exams/ Assessments	Learning Intentions		Core Task/Assessments
31/08/26		R186 Sport and the media set assignment Task 1 – Research a variety of digital and social Media sources (12marks) - Compare different sources of media - Identify how your club could use different Media sources	Practical Athletics Football - Demonstrate key components of fitness, in your two activities	Assessment – Complete task 1: research a variety of digital and social media sources
07/09/26				
14/09/26				
21/09/26				
28/09/26				
05/10/26				
12/10/26				

Year 10 Long Term Scheme of Learning 2026-2027

Subject: Cambridge National Sport Studies

19/10/26				
26/10/26	HALF TERM			
02/11/26		R186 Sport & the media Positive effects of the media in sport (10 marks) Technique and performance (28 marks) : the relationship between your clubs sporting activity and media : how your sports club increases sponsorship : links between your sports club and health	Practical Candidates will be assessed in two sports Task 2 – Apply practice methods to support Improvement in a sporting activity	Assessment – Positive effects of media in sport assessed
09/11/26				
16/11/26	Y10			
23/11/26	Y10			
30/11/26				
07/12/26				
14/12/26				
21/12/26	CHRISTMAS HOLIDAY			
28/12/26				
04/01/27		R186 Sport & the media Negative effects of the media on sport (12 marks) How can the media have negative effects on your Sports club? : Negative effects in relation to spectators : Ethical issues surrounding the use of media : effects of media on your clubs sporting activity	Task 3 – Organising and planning a sports activity session Select a plan for your selected sporting activity. You must take into account the organisations safety Objectives and risk assessment.	Assessment – complete negative effects of the media in sport (12 marks)
11/01/27				
18/01/27				
25/01/27				
01/02/27				
08/02/27				
15/02/27	HALF TERM			
22/02/27		R186 Sport & the media Complete assessment (40 marks)	Task 4 – lead a sports activity session Teacher observes session – pupils lead each other	Complete media in sport assignment
01/03/27				
08/03/27				
15/03/27				
22/03/27				
29/03/27	SPRING BREAK			
05/04/27				
12/04/27		Task 5 – review your own performance and planning whilst leading a sports activity session (10 marks) What went well? Not so well! Adaptations to plan How would you improve this in the future?		Complete your own performance review
19/04/27	Y10			
26/04/27	Y10			
03/05/27				
10/05/27				
17/05/27				
24/05/27				

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31/05/27	HALF TERM		
07/06/27		Unit R184 – Contemporary issues	
14/06/27		- Topic 1 : Issues affecting performance	
21/06/27		- User groups	
28/06/27		- Barriers to participation	
05/07/27		- Overcoming barriers	
12/07/27		- Popularity of sport	
		- Emerging new sports	