

National curriculum or specification coverage

The Year 9 PSHCE curriculum builds on the foundations established in Key Stage 3 and meets the statutory requirements of the Department for Education's Relationships, Sex and Health Education (RSHE) guidance, alongside the PSHE Association Programme of Study (2026–27). The curriculum is structured around the three core themes of Health and Wellbeing, Relationships, and Living in the Wider World, enabling students to deepen their understanding of safeguarding, healthy relationships, mental and physical wellbeing, financial capability, careers education and responsible citizenship. Lessons explore increasingly complex issues including exploitation, consent, online safety, crime, discrimination, financial risk, substance misuse and personal safety, equipping students with the knowledge, confidence and critical thinking skills needed to make informed decisions, manage risk and prepare for the transition into Key Stage 4 and adulthood. Careers education is delivered through Unifrog and supports the Gatsby Benchmarks, while financial education develops practical knowledge of modern financial products and online risks.

Date	Exams/ Assessments	Learning Intentions	Core Task/Assessments
31/08/26		Mobile Phone Addiction 1 - To understand how excessive mobile phone use can affect physical and mental wellbeing.	Core Task 1 – Safeguarding Case Study Topics: Sexting, Sexual Exploitation, Domestic Abuse, FGM Students analyse a series of safeguarding scenarios and produce a written response identifying warning signs, risks and appropriate sources of support. Assessment Focus: Safeguarding awareness, decision-making, written communication.
07/09/26		Mobile Phone Addiction 2 - To develop strategies for maintaining healthy and balanced digital habits.	
14/09/26		Sexting - To understand the legal, emotional and safeguarding implications of sharing sexual images.	
21/09/26		Sexual Exploitation - To recognise the signs of sexual exploitation and know how to seek help and support.	
28/09/26		Domestic Violence & Abuse - To understand the different forms of domestic abuse and how to access support safely.	
05/10/26		FGM - To understand what female genital mutilation is, why it is illegal and how to seek help if concerned.	
12/10/26		Financial Capability – Mobile Phone Products - To compare mobile phone contracts and understand how to make informed financial choices.	
19/10/26		Firework Safety - To recognise the risks associated with fireworks and understand how to stay safe.	Core Task 2 – Debate: Is Technology Improving Young People's Lives? Topics: Mobile Phone Addiction Students prepare arguments exploring both the benefits and drawbacks of smartphone use

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			before taking part in a structured class debate. Assessment Focus: Oracy, critical thinking, evaluation.
26/10/26	HALF TERM		
02/11/26		Careers – Unifrog (Computers) - To use Unifrog to explore career pathways and plan future aspirations.	Core Task 1 – Healthy Relationships Information Guide Topics: Underage Sex, Contraception, STIs, Fertility, LGBTQ+ Identities Students create an information booklet promoting respectful relationships, sexual health and informed decision-making. Assessment Focus: Knowledge application, communication, health education.
09/11/26		Underage Sex - To understand the legal, emotional and health implications of underage sexual activity.	
16/11/26		International Men's Day - To recognise positive masculinity and the importance of men's physical and mental wellbeing.	
23/11/26		Contraception - To understand the different methods of contraception and how they prevent pregnancy.	
30/11/26		STIs - To understand how sexually transmitted infections are spread, prevented and treated.	
07/12/26		Fertility and Reproductive Health - To understand fertility, reproductive health and factors that may affect them.	
14/12/26		LGBTQ+ Identities - To understand and respect the diversity of sexual orientation and gender identity.	
21/12/26	CHRISTMAS HOLIDAY		
28/12/26			
04/01/27		Mental Health - To understand how to promote positive mental health and access appropriate support.	Core Task 1 – Wellbeing Action Plan Topics: Mental Health, Social Anxiety, Body Image Students produce a personal wellbeing plan identifying protective factors, coping
11/01/27	Y9	Body Image - To recognise influences on body image and develop positive self-esteem.	
18/01/27	Y9	Financial Capability – Crypto Currency - To understand what cryptocurrency is and evaluate its risks and benefits.	
25/01/27		Self-Harm - To understand self-harm, challenge misconceptions and know how to seek support safely.	

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01/02/27		Binge Drinking - To recognise the risks associated with binge drinking and make informed choices.	strategies and sources of support.
08/02/27		Crime and Drugs - To understand the links between drugs, crime and personal safety.	Assessment Focus: Reflection, resilience, application of learning. Core Task 2 – Financial Risk Investigation Topics: Cryptocurrency, Financial Exploitation Students investigate different financial scams and modern financial products before producing advice for young people on staying financially safe. Assessment Focus: Financial literacy, research, evaluation.
15/02/27	HALF TERM		
22/02/27		Harassment and Stalking - To recognise harassment and stalking behaviours and understand legal protections and support.	Core Task 1 – Personal Safety Advice Campaign (Written/Creative) Topics: Harassment and Stalking, Social Anxiety, Financial Exploitation Students create an advice campaign (leaflet, poster or digital infographic) aimed at teenagers, explaining how to recognise harassment, stalking and financial exploitation, where to seek support, and practical strategies for staying safe both in person and online. Assessment Focus: Safeguarding knowledge, application of learning, communication and digital literacy.
01/03/27		International Women's Day - To celebrate women's achievements and promote gender equality.	
08/03/27		National Careers Week – Unifrog (Computers) - To investigate future pathways using Unifrog and reflect on career aspirations.	
15/03/27		Social Anxiety - To recognise the signs of social anxiety and explore strategies for managing it.	
22/03/27		Financial Capability – Financial Exploitation - To recognise financial exploitation and understand how to protect personal finances.	

			Core Task 2 – Aspirations and Equality Presentation (Oracy) Topics: International Women's Day, National Careers Week (Unifrog) Using Unifrog research, students prepare and deliver a short presentation exploring a career that interests them. They should explain the qualifications and skills required, identify an inspirational role model (for example, a woman who has made a significant contribution in that field), and reflect on how equality and diversity have influenced opportunities within the profession. Assessment Focus: Careers education, oracy, research skills, equality and diversity awareness.
29/03/27	SPRING BREAK		
05/04/27			
12/04/27		Young Offenders - To understand the causes and consequences of youth offending and the justice system.	Core Task 1 – Community Safety Presentation Topics: County Lines, Knife Crime, Hate Crime, Anti-Social Behaviour Working in groups, students prepare a presentation explaining how communities can reduce crime and support vulnerable young people. Assessment Focus: Oracy, collaboration, problem-solving.
19/04/27		Anti-Social Behaviour - To understand the impact of anti-social behaviour on individuals and communities.	
26/04/27		Knife Crime – To understand the risks and consequences of knife crime and how to make safe choices.	
03/05/27		Knife Crime – To understand the risks and consequences of knife crime and how to make safe choices.	
10/05/27		Careers – Unifrog (Computers) - To review career interests and explore routes into further education and employment.	
17/05/27		Water Safety - To recognise water hazards and understand how to stay safe in and around water.	
24/05/27		Hate Crime - To understand hate crime, its impact and how to challenge discrimination safely.	
			Core Task 2 – Justice System Reflection Topics: Young Offenders

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			Students write an extended response evaluating the causes of youth offending and the importance of rehabilitation. Assessment Focus: Critical thinking, written evaluation.
31/05/27		HALF TERM	
07/06/27	Y9	County Lines - To recognise the dangers of county lines exploitation and know how to seek help.	Core Task 1 – Fake News Investigation Topics: Fake News, Cybercrime, Online Fraud Students evaluate a range of online sources, identifying reliable information and explaining how misinformation spreads. Assessment Focus: Critical thinking, media literacy, digital citizenship. Core Task 2 – Online Safety Campaign Topics: Internet Safety and the Dark Web Students design an awareness campaign advising younger pupils how to stay safe online and protect themselves from cyber risks. Assessment Focus: Communication, safeguarding, creativity.
14/06/27	Y9	Cybercrime and Online Fraud - To recognise different forms of cybercrime and protect personal information online.	
21/06/27		Internet Safety and the Dark Web - To understand the risks associated with the dark web and unsafe online activity.	
28/06/27		Fake News and Critical Thinking - To evaluate online information critically and identify misinformation and fake news.	
05/07/27		Railway Safety - To understand how to stay safe around railways and recognise associated risks.	
12/07/27		End of Year Quiz - To consolidate and reflect on the knowledge and skills developed throughout Year 9.	