# Year 12 Long Term Scheme of Learning 2026-2027

## Subject: CTECH Sport

| National curriculum or specification coverage |
|---|
| **Unit 1:** Body systems and the effects of physical activity<br><br>**Unit 2:** Sports Coaching and Activity Leadership |

| Date | Exams/ Assessments | Learning Intentions | | Core Task/Assessments |
|---|---|---|---|---|
| 31/08/26 | | **Unit 1**<br><br>**LO1:** Understand the skeletal system in relation to exercise and physical activity<br><br>**LO2:** Understand the muscular system in relation to exercise and physical activity | **Unit 2**<br><br>**LO1:** Know the roles and responsibilities of sports coaches and activity leaders<br><br>**LO2:** Understand principles which underpin coaching and leading<br><br>**Task 1:** Getting the job | Unit Test LO1 |
| 07/09/26 | | | | |
| 14/09/26 | | | | |
| 21/09/26 | | | | |
| 28/09/26 | | | | |
| 05/10/26 | | | | |
| 12/10/26 | | | | |
| 19/10/26 | | | | |
| 26/10/26 | HALF TERM | | | |
| 02/11/26 | | **Unit 1**<br><br>**LO3:** Understand the cardiovascular system in relation to exercise and physical activity | **Unit 2**<br>**LO3:** Be able to use methods to improve skills, techniques and tactics in sport<br><br>**LO4:** Be able to plan sports and activity sessions<br><br>**Task 2:** Planning for success | PPE 1 (LO1 & LO2) |
| 09/11/26 | | | | |
| 16/11/26 | Y12 | | | |
| 23/11/26 | Y12 | | | |
| 30/11/26 | | | | |
| 07/12/26 | | | | |
| 14/12/26 | | | | |
| 21/12/26 | CHRISTMAS HOLIDAY | | | |
| 28/12/26 | | | | |

# Year 12 Long Term Scheme of Learning 2026-2027

## Subject: CTECH Sport

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|---|---|---|---|---|
| 04/01/27 | | **Unit 1**<br><br>**LO4:** Understand the respiratory system in relation to exercise and physical activity | **Unit 2**<br><br>**LO5:** Be able to prepare sports and activity environments<br>**LO6:** Be able to deliver sports and activity sessions<br>**LO7:** Be able to review sports and activity sessions | Unit Test LO3 & LO4 |
| 11/01/27 | | | | |
| 18/01/27 | | | | |
| 25/01/27 | | | | |
| 01/02/27 | | | | |
| 08/02/27 | | | | |
| 15/02/27 | HALF TERM | | | |
| 22/02/27 | | **Unit 1**<br><br>**LO5:** Understand the different energy systems in relation to exercise and physical activity | **Unit 2**<br><br>**Task 3:** Prepare, deliver, review, progress (i) | Unit test LO5 |
| 01/03/27 | | | | |
| 08/03/27 | | | | |
| 15/03/27 | | | | |
| 22/03/27 | | | | |
| 29/03/27 | SPRING BREAK | | | |
| 05/04/27 | | | | |
| 12/04/27 | | **Unit 1**<br><br>Revision | **Unit 2**<br><br>**Task 3:** Prepare, deliver, review, progress (ii) | Unit 1 External exam |
| 19/04/27 | Y12 | | | |
| 26/04/27 | | | | |
| 03/05/27 | | | | |
| 10/05/27 | | | | |
| 17/05/27 | | | | |
| 24/05/27 | | | | |
| 31/05/27 | HALF TERM | | | |
| 07/06/27 | | **Unit 19**<br><br>**LO1:** Motivation for Goals<br>Task1<br><br>**LO2:** Understand attribution theory in relation to sport and exercise<br>Task 2 | **Unit 2**<br><br>**Task 4:** Winning a contract | |
| 14/06/27 | | | | |
| 21/06/27 | | | | |
| 28/06/27 | | | | |
| 05/07/27 | | | | |
| 12/07/27 | | | | |