

National curriculum or specification coverage

OCR Level 3 Cambridge Technical Diploma in Health and Social Care

- Unit 4 Anatomy and Physiology for Health and Social Care
- Unit 8 Creativity and activity for children and young people
- Unit 14 Impact of long-term physiological conditions
- Unit 10 Nutrition for Health
- Unit 13 Sexual health, reproduction and early development stages

Date	Exams/ Assessments	Learning Intentions SGI (8 periods per fortnight)	Learning Intentions NEA (10 periods per fortnight)	Core Task / Assessments
31/08/26		Unit 4 Anatomy and Physiology for Health and Social Care LO3: Understand the digestive system, malfunctions and their impact on individuals LO4: Understand the musculoskeletal system, malfunctions and their impact on individuals	Unit 10 Nutrition for Health LO2: Understand the function of nutrients LO1: Know nutritional and diet guidelines LO3: Understand factors which influence nutritional health LO4: Make recommendations to improve nutritional health	Unit 10 ongoing internal assessment of criteria Unit 4 LO3 mock written assessment Unit 4 LO4 mock written assessment
07/09/26				
14/09/26				
21/09/26				
28/09/26				
05/10/26				
12/10/26				
19/10/26	Y13			
26/10/26	HALF TERM			
02/11/26			Unit 8 Creativity and activity for children and young people	Unit 4 LO6 mock written assessment
09/11/26				
16/11/26				

Year 13 Long Term Scheme of Learning 2026-2027

Subject: Health and Social Care

23/11/26		LO6: Understand the sensory systems, malfunctions and their impact on individuals	LO1: Understand the importance of creativity for children and young people	Unit 8 ongoing internal assessment of criteria
30/11/26				
07/12/26				
14/12/26		LO5: Understand the control and regulatory systems, malfunctions and their impact on individuals	LO2: Understand how creativity develops in children and young people LO3: Understand the role of adults in promoting creativity for children and young people LO4: Be able to design and plan an activity/creative activity for use with a group of children or young people LO5: Be able to deliver and evaluate an activity/creative activity to a group of children or young people	Unit 4 LO5 mock written assessment Unit 4 complete unit mock written assessment
21/12/26	CHRISTMAS HOLIDAY			
28/12/26				
04/01/27		Unit 14 Impact of long-term physiological conditions LO2: Understand effects of long-term physiological conditions LO3: Be able to support individuals with long-term physiological conditions to plan their care and support LO4: Know about end of life care	Unit 13 Sexual health, reproduction and early development stages LO1: Understand sexual health and contraception LO2: Understand the importance of prenatal health and the process of conception	Units 14 &13 ongoing internal assessment of criteria SIT UNIT 4 EXTERNAL EXAM JANUARY 2027
11/01/27				
18/01/27				
25/01/27				
01/02/27				
08/02/27	Y13			
15/02/27	HALF TERM			
22/02/27		Unit 6 : Personalisation and a person-centred approach to care		Unit 13 ongoing internal assessment of criteria UNITS 8,10 & 14 EXTERNAL MODERATION
01/03/27				
08/03/27				
15/03/27				

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22/03/27		LO1: Understand personalisation LO2: Understand what is meant by a person-centred approach to care LO3: Understand methods used to implement a person-centred approach	LO3: Know the factors which could affect health in pregnancy and the success of the birth LO4: Understand the stages of pregnancy and birth and the postnatal care of the mother	Unit 6 LO1 mock written assessment Unit 6 LO2 mock written assessment Unit 6 LO3 mock written assessment
29/03/27	SPRING BREAK			
05/04/27				
12/04/27		LO4: Know how to plan and conduct review meetings using a person-centred approach	LO5: Understand the care and development of the baby in the first year of life	Unit 13 ongoing internal assessment of criteria
19/04/27				Unit 6 LO4 mock written assessment
26/04/27				Unit 6 complete unit mock written assessment
03/05/27				
10/05/27				
17/05/27				
24/05/27				UNIT 13 EXTERNAL MODERATION
31/05/27	HALF TERM			
07/06/27				UNIT 6 EXTERNAL EXAM
14/06/27				UNIT 4 RESITS
21/06/27				
28/06/27				
05/07/27				
12/07/27				