

National curriculum or specification coverage

OCR Level 3 Alternative Academic Qualification Cambridge Advanced National Extended Certificate in Health and Social Care**Unit FO90 Principles of Health and Social Care**

- Topic area 1: Equality, diversity and rights in health and social care settings
- Topic area 2: Managing hazards, health and safety in health and social care settings
- Topic area 3: Legislation in health and social care settings
- Topic area 4: Best practice in health and social care settings

Unit FO92 Person-centred approach to care

- Topic area 1: Taking a person-centred approach
- Topic area 2: Meeting needs and providing support in a person-centred way
- Topic area 3: Communication skills needed to offer person-centred care

Unit FO96 Supporting people in relation to sexual health, pregnancy and postnatal health

- Topic area 1: Advice and guidance on sexual health issues
- Topic area 2: advice and guidance on pregnancy, birth and post-natal issues
- Topic area 3: Plan, deliver and review an advice and guidance session

Unit FO91 Anatomy & Physiology for Health & Social Care

- Topic area 1: Cardiovascular system
- Topic area 2: Respiratory system
- Topic area 3: Digestive system

Date	Exams/ Assessments	Learning Intentions SGI (3 periods per fortnight)	Learning Intentions SGI (3 periods per fortnight)	Learning Intentions NEA (3 periods per fortnight)	Core Task/Assessments
31/08/26		Unit FO90 Principles of Health and Social Care Topic area 1: Equality, diversity and rights in health and social care settings	Unit FO92 Person-centred approach to care	Unit FO90 Principles of Health and Social Care Topic area 2: Managing	
07/09/26					
14/09/26					

Year 12 Long Term Scheme of Learning 2026-2027

Subject: Health and Social Care

21/09/26			Topic area 1: Taking a person-centred approach	hazards, health and safety in health and social care settings	Ongoing completion and assessment of FO92 NEA criteria
28/09/26					
05/10/26					
12/10/26					
19/10/26					
26/10/26	HALF TERM				
02/11/26		Topic area 3: Legislation in health and social care settings	Topic area 2: Meeting needs and providing support in a person-centred way	Unit FO96 Supporting people in relation to sexual health, pregnancy and postnatal health Topic area 1: Advice and guidance on sexual health issues	Ongoing completion and assessment of FO96 NEA criteria
09/11/26					
16/11/26	Y12				
23/11/26	Y12				
30/11/26					
07/12/26					
14/12/26					
21/12/26	CHRISTMAS HOLIDAY				
28/12/26					
04/01/27		Topic area 4: Best practice in health and social care settings		Topic area 2: advice and guidance on pregnancy, birth and post-natal issues	FO90 TA3 mock written assessment
11/01/27					Ongoing completion and assessment of FO96 NEA criteria
18/01/27					
25/01/27					

Year 12 Long Term Scheme of Learning 2026-2027

Subject: Health and Social Care

01/02/27			Topic area 3: Communication skills needed to offer person-centred care		
08/02/27					
15/02/27	HALF TERM				
22/02/27			Unit FO91 Anatomy & Physiology for Health & Social Care Topic area 1: Cardiovascular system		Ongoing completion and assessment of FO96 NEA criteria
01/03/27					FO90 TA4 mock written assessment
08/03/27					FO90 Full unit mock written assessment
15/03/27					
22/03/27					
29/03/27	SPRING BREAK				
05/04/27					
12/04/27		Unit FO91 Anatomy & Physiology for Health & Social Care Topic area 2: Respiratory system	Topic area 3: Plan, deliver and review an advice and guidance session		Submit FO92 for external moderation
19/04/27	Y12				FO91 TA1 mock written assessment
26/04/27					Ongoing completion and assessment of FO96 NEA criteria
03/05/27					
10/05/27					
17/05/27					
24/05/27					
31/05/27	HALF TERM				
07/06/27		Topic area 3: Digestive system			FO91 TA2 mock written assessment
14/06/27					

Year 12 Long Term Scheme of Learning 2026-2027

Subject: Health and Social Care

21/06/27				15.06.26 FO96 deliver advice and guidance session (off timetable)
28/06/27				
05/07/27				
12/07/27				FO91 TA3 mock written assessment

Y12 students will be entered for the FO90 external examination in the Summer 2027 examination series

Y13 plan 2027-28

NEA 3 periods per fortnight:

- Deliver FO97 Supporting Healthy Nutrition & Lifestyles, September – end April, external moderation May/June 2028

SGI 6 periods per fortnight

- Deliver remaining FO91 Anatomy & Physiology, September – Christmas, external exam January 2028 with re-sits if necessary May 2028
- Deliver FO93 Supporting people with mental health conditions, January – end April, external moderation May/June 2028

External assessments 2027-28

- FO92 Person-centred resubmissions in moderation window 1 if necessary
- FO96 Sex health in moderation window 1, with resubmission in moderation window 2 if necessary
- FO91 Anat & Phys external exam in January 2028 with re-sits if necessary May 2028
- FO97 Nutrition in moderation window 2
- FO93 Mental health in moderation window 2