

Helsby High School Uniform Policy

At Helsby High School we feel that high standards of uniform are important as they:

- promote the ethos of a school
- provide a sense of belonging and identity
- set an appropriate tone for education

By creating a common identity amongst all pupils, regardless of background, a school uniform can act as a social leveller. It can reduce bullying and peer pressure to wear the latest fashions or other expensive clothes.

The Helsby High School Uniform:

- Blazer (badged)*
- School Tie*
- White shirt/blouse
- Black permanent pleated (from the waist but a top stitched pleat is acceptable) knee length skirt or black school trousers (no jeans, jogging/tracksuit bottoms or tight fashion trousers)
- Black V neck pullover **or cardigan** (to be worn with blazer)
- Black socks or thick plain black tights
- No extreme haircuts, styles or colours are acceptable.
- No extremes of makeup, nail varnish (or alternative e.g. shellac) or nails is acceptable. Long nails, natural or not, can cause a health and safety issue for the student and/ or others e.g. in PE
- Hair ribbons or bobbles (if worn) should be discrete and neutral in colour.
- No jewellery should be worn apart from a watch and a single (pair of) small stud earring(s). No facial piercings other than a nose piercing is allowed. If a student has a nose piercing then only a small, clear plastic stud is acceptable in school.
- Coats are for outside wear only (denim, leather coats or hooded tops/**jumpers** are not acceptable).
- Footwear – should be all black and flat heeled. Trainers should be all black and all leather or leather look (boots, sandals or fashion shoes are not acceptable).



Please be aware many shoe shops sell 'their' version of acceptable school footwear, but our footwear expectations are simple – footwear should be all-leather or leather look and all-black (as outlined in the images below):



Unfortunately the following styles of footwear are not appropriate, as they are not all-leather and/or all-black:



PE Kit

Kit is listed by sport. During the academic year the following sports will be offered during lesson time:

Boys & Girls: Football, Tag Rugby, Basketball, Badminton, Tennis, Cricket, Athletics, Health & Fitness/Gymnastics

Boys: Dodgeball, Running Activities

Girls: Netball, Rounders, Dance

Compulsory Kit for Students in Years 7-9

- Football boots (see guidance below) and shin pads.
- Non marking trainers

Football & Tag Rugby

- Polo Shirt emerald green/black side panel, Helsby High School logo*
- Black football shorts (no logo and not cycling shorts)
- Emerald green football socks

HELSEBY

High School



Athletics, Badminton, Basketball, Dodgeball, Health & Fitness/Gymnastics, Cricket, Running Activities, Dance, Netball, Tennis & Rounders

- Polo Shirt emerald green/black side panel, Helsby High School logo*
- Black football shorts (no logo and not cycling shorts)
- White ankle/trainer sports socks

Compulsory Kit for Students in Years 10-11
Football boots (see guidance below) and shin pads.
Non marking trainers

Football & Tag Rugby

- Emerald green/white reversible
- Rugby/Football shirt *
- White shorts Emerald green football socks

OR

- White polo shirt with teal panels (with logo on front) *
- Black skort with teal panels *
- White football socks

Athletics, Badminton, Basketball, Dodgeball, Health & Fitness/Gymnastics, Cricket, Running Activities, Dance, Netball, Tennis & Rounders

- Athletic vest – green with HELSEBY printed on front *
- White shorts
- White sports socks

OR

- White polo shirt with teal panels (with logo on front) *
- Black skort with teal panels *
- White sports socks








Suitable Boots for 3G Pitch

Approved

 <p>Standard Boots Recommended</p> <p>Standard boots with plastic studs are ideal for a 3G surface</p> 	 <p>Moulded Boots Recommended</p> <p>Standard boots with moulded studs are ideal for a 3G surface</p> 
---	---

Forbidden

 <p>Metal Studded Boots Forbidden</p> <p>Metal studs are designed to give extra grip on hard surfaces. 3G surfaces do not get hard, and metal studs can tear or damage the surface.</p>	 <p>Blade Boots Forbidden</p> <p>Whilst not damaging to the 3G surface, research suggests that blades have a different grip characteristic on 3G surfaces; players may be more prone to injury.</p>
 <p>Astro Trainers Forbidden</p> <p>Astro trainers are designed for use on standard astro pitches. Their dimples are shallow, and will flatten the 3G surface</p>	 <p>Standard Trainers/Runners Forbidden</p> <p>Runners will flatten the 3G surface</p>
 <p>Shoes Forbidden</p> <p>Standard shoes will flatten the 3G surface</p>	

Non-compulsory

- Black mid layer with Helsby High School logo* (outdoors only)
- Plain opaque black leggings or plain black tracksuit bottoms for outdoor activities

HELSEBY

High School



Achieving Success
Valuing Others

*Items marked * can only be purchased from our School Uniform Shop. All other items can be sourced from your usual clothing retailer.*

Uniform recycling scheme

Considering the issue of climate change and sustainability, it is important that we also consider a way in which we can recycle our uniform. With this in mind the Friends of Helsby High School have helped us to create our School Uniform Share (SUS) programme. This programme allows parents to request good quality, clean, second-hand uniform in the spirit of SUSTainability. SUS uniform relies on donations and donation points can be found in the 3G Pavilion and at our main reception.