

HELSEBY

High School



**Achieving Success
Valuing Others**

2025-2026

Year 7

Quick Guide

**Summer Assessment
Preparation**

Art

Students will be drawing from direct observation. Students will be assessed on the formal elements of drawing which may include line, tone, mark-making, drawing techniques and processes.

No revision required.

Computer Science

There will be no formal assessment in Computer Science during the assessment window. Students are continually assessed throughout the year after completing each unit of work.

Design & Technology

In Year 7 Design and Technology, pupils will complete a written test comprising multiple-choice questions and written answers based on the topics covered in their lessons. Previously completed practical work will also contribute to their assessment. Knowledge banks will be available on Class Charts to support preparation for the assessments. Pupils may also wish to use their lesson work booklets.

The topics that may be included are listed below:

The Design Process

(Design → Make → Evaluate → Problem solving → Technical knowledge)

Task and Product Analysis

(Form, Function, Target User, Materials)

Timbers

(Softwood, Hardwood, Manufactured boards)

Workshop Tools and Equipment

(Names, uses, safety rules)

Health and Safety in the Workshop

(Hazards, risks, control measures)

Design Briefs and the Four P's

(Product, Person, Purpose, Place)

Manufacturing Processes

(Measuring, marking out, cutting, drilling, joining, quality control)

CAD and CAM (Mrs Owen's Class)

(Advantages, disadvantages, laser cutting, line bending)

Drawing and Communication Techniques (Mr Kelly and Mrs Eastwood's Class)

(Isometric, 1-point perspective, shading, rendering)

Drama

Year 7 will be completing a practical drama assessment. This will be working with script. Students will consolidate their drama skills that they have learnt across the year and apply them to a piece of script.

English

There will be two assessments. One will test reading skills, one will be an extended piece of writing.

Each assessment will be 45 minutes in length and will take place in one of their English lessons.

ASSESSMENT 1: Reading Assessment

The students will be given an extract from a non-fiction text and they will be asked a range of comprehension questions testing retrieval and inference. There will be preparation and planning time for the assessment during lesson time prior to the timetabled assessment lesson.

ASSESSMENT 2: Extended Writing Assessment

This writing assessment will test the students understanding of how to write a formal letter. It will also test their ability to use the techniques appropriate to persuasive writing and their ability to write accurately. There will be preparation and planning time for the assessment during lesson time prior to the timetabled assessment lesson.

Food and Nutrition

Students will be assessed in both practical and theory work. All practical work so far will be considered. As students only have one food lesson during the assessment fortnight, each student will have either a practical or theory lesson during the assessment window. This means that their written assessment may take place in a food lesson that is just outside the assessment window. Dates for practical work and the written assessment will be posted on ClassCharts as always.

The written assessment will cover the following topics:

- Food hygiene and safety
- Pathogenic bacteria, cross contamination and food poisoning
- Basic equipment used in preparation and cooking
- The 6 different food groups (commodities): fruit & vegetables; starchy carbohydrate foods; protein rich foods; milk & dairy foods; oils and low-fat spreads; high saturated fat and/or high sugary foods and drinks
- The Eatwell Guide and it's healthy eating messages
- For the first 4 of the food groups listed above, they need to:
 - Know examples of foods that belong in this group
 - Have an understanding of how some of those foods are grown, reared or caught
 - Know how to store those foods correctly
 - Know the main nutrients those foods provide the body with
 - Know the basic functions (jobs) of those nutrients in the body
- Reading data off a food label to compare products

Students were given a hard copy of the knowledge organiser at the start of the year to help them focus their revision for all assessments throughout the year. Copies of these are available on ClassCharts and they can obtain a replacement copy from their food teacher if the need to.

Geography

Pupils will be assessed on their knowledge and understanding of map skills and biomes.

Class teachers will provide pupils with knowledge organisers to aid in their revision. These materials will also be available to students via Class Charts. Additionally, pupils are encouraged to use their class exercise books to support their revision.

As part of the revision process, pupils should practice essential map skills, such as 4-figure and 6-figure grid references, measuring distance, direction, and map symbols.

Form of Assessment:

1. Recall of key terms and definitions.
2. Recall of key knowledge.
3. Short answer questions to test understanding.
4. Use of an OS map to assess map skills

History

Students will be assessed on their recall and understanding of the topics we have studied so far this year:

1) How do we measure time in history?

BC and AD, centuries, timelines, and chronological order

2) How do we learn about the past?

Primary and secondary sources, reliability, and bias.

3) Who are the British?

4) Why was it so difficult being a Medieval Monarch?

Henry II

King John

Henry III

Richard II

Stephen + Matilda

Henry VII

Henry VIII

Edward VI

Mary I

Form of assessment:

- 1) Shorter answer questions to test recall of key terms and events
- 2) Extended answer based on a primary source

Revision Resources: Knowledge organisers and revision sheets will be issued in advance in class via Class Charts. Students should also use their exercise books to prepare.

Maths

The Year 7 exam date will be - Friday 15th May, both bands. Y band P1. O band P4.

The topics covered on the assessment will be:

- Place Value
- Four Operations
- BIDMAS
- Multiples, Factors and Prime Numbers
- Simplifying and Comparing Fractions
- Fractions of an Amount
- Adding and Subtracting Fractions
- Adding, Subtracting and Ordering Decimals
- Converting between Fractions, Decimals and Percentages
- Calculating percentages of amounts
- Coordinates
- Area and perimeter of shapes
- Circles
- Algebraic notation and substitution
- Directed number
- Angle rules
- Volume of shapes
- Solving equations

These are all the topics taught up to this point. Recall tasks may include opportunities for revision in the build up to the assessments, but pupils should also ensure they are up to date with their Sparx Maths as these tasks correspond to the classwork.

MFL - French

Year 7, your French assessment will be the same format as previous ones. This assessment will cover all the work that you have done this year. It will include some phonics, listening, translation into English and translation into French. In the final section you will be asked to write in as much detail as you can, in French, on the following four topics -

- You and your family
- What you do at school
- What you do at home
- Where you go at the weekend/on holiday

The best revision is to go over vocabulary sets that your teacher will load into Language Nut for you. If you are having any trouble logging-in, please speak to your teacher or come and use a computer in S6 at breaktime or lunchtime.

In lessons, you will prepare for the final written section. Once this has been marked, you could try and learn this.

If you have any questions at all, please speak to your French teacher.

MFL - German

Year 7, your German assessment will be the same format as previous ones. This assessment will cover all the work that you have done this year. It will include some phonics, listening, translation into English and translation into German. In the final section, you will be asked to write in as much detail as you can, in German, on the following four topics -

- Your weekends – what you do
- The music you listen to – who & when
- What you can and can't do
- What you have in your back (with descriptions!)

The best revision is to go over vocabulary sets that your teacher will load into Language Nut for you. If you are having any trouble logging-in, please speak to your teacher or come and use a computer in S6 at breaktime or lunchtime.

In lessons, you will prepare for the final written section. Once this has been marked, you could try and learn this.

If you have any questions at all, please speak to your German teacher.

Music

Students will be completing a performance or composition assessment depending on the topic they are studying. Students will be assessed on the quality of their performance/ composition and how well it meets the criteria in their assessment booklets. Students will perform as a group and will be marked on their accuracy and timing individually and as a group. Students will be marked on how well they have used the information in lessons to create a piece suitable to the task.

PE

Students are assessed half termly in three areas (Cognitive, Social, Physical) based on a 5-stage model: Beginner through to Expert. They are given the average of the 3 scores for both activities covered in a half term.

Religious Education

Students need to look at the following topics:

Sikhi - Key terms and definitions, Place of worship, Holy book

Jesus - Key terms and definitions, life of Jesus, Miracles, Parables

Judaism - Moses and Passover

There will be a revision sheets on class charts containing a summary of all of the relevant information

Science

Students will sit a 45-minute written assessment in class.

Students will be tested on the following:

7P3: Earth in Space – the night sky, the solar system, phases of the moon, moon eclipse, speed and measuring speed, distance time graphs

7C1: Particulate Nature of Matter – particle model, states of matter, changes of state, expansion and contraction, gas pressure, diffusion

7C2: Separating Mixtures – mixtures, dissolving, filtration and evaporation, distillation, chromatography

7B1: Cells – animal cells, plant cells, microscopes, magnification, specialised cells, bacteria cells

7B2: Human Systems – levels of organisation, the skeletal system, muscles, joints, food tests, the digestive system, enzymes

7C3: Atom and Chemical Reactions – the atom, elements, the periodic table, compounds, chemical formula, word equations

All w/c 11th May 2026

Class	Day/Period	Teacher
7SGI	Wed 13 th P2	TSH
7NNE	Wed 13 th P2	RPA
7LHL	Wed 13 th P2	CRO
7EGA	Wed 13 th P4	RPE
7JPR	Wed 13 th P5	GCL
7MDA	Thurs 14 th P2	EDA
7DTO	Thurs 14 th P3	GCL
7RPE	Thurs 14 th P4	DSY

Revision materials for each topic will be uploaded to class charts.

Extra revision resources can be found on BBC Bitesize and the Oak National Academy.

Students should also be using SENECA to aid with their revision.