HELSBY

High School



2025 - 2026
Year 10
Quick Guide
Preparation for

Assessment 1

Art and Photography

Year 10 will not sit a formal assessment. The students will be assessed on all classwork completed up to this point. There are no additional support materials needed. All sketchbooks and practical work as well as PowerPoints and digital work will be reviewed.

Students should ensure that all work is up to date for the work to be assessed.

Business

Students need to revise

1.2.1 Customer Needs (pages 55 and 56 in the revision book)

https://www.bbc.co.uk/bitesize/quides/zkqp6v4/revision/1

1.2.2 The role of market research, Types of market research, Market research data (pages 57 to 59 in the revision book)

https://www.bbc.co.uk/bitesize/quides/z6y9rj6/revision/1

1.2.3 Market segmentation and Market Mapping (pages 60 and 61 in the revision book)

https://www.bbc.co.uk/bitesize/quides/z7scbdm/revision/1

1.2.4 Competitive Environment (pages 62 and 63 in the revision book)

https://www.bbc.co.uk/bitesize/quides/zvwtmfr/revision/1

Please use the BBC Bitesize Links above, watch the videos, read the contents and test yourself using the quizzes.

Computer Science

Students will be assessed on all the work completed so far and will include the following topics:

Fundamentals of data representation

- · 3.3.1 Number bases (pages 38, 41)
- · 3.3.2 Converting between number bases (pages 38, 41-42)
- · 3.3.3 Units of Information (page 37)
- · 3.3.4 Binary arithmetic (page 39)
- · 3.3.5 Character encoding (page 43)
- · 3.3.6 Representing images (page 44)
- · 3.3.7 Representing sound (page 45)
- · 3.3.8 Data compression (pages 46-48)

Computer systems

- · 3.4.1 Hardware and software (page 50)
- · 3.4.2 Boolean logic (pages 34-36)

Students have a full set of class notes, and each one has been given a revision book. The numbers above refer to the page reference for this.

Videos of the whole course can be found here. Scroll down to AQA GCSE Computer Science

https://www.youtube.com/@craigndave

Design & Technology / Food Studies / Health and Social Care

Yr10 Assessment Window Autumn 2025 - Technology Faculty

Subjec +	Group codes	Assessment details	When	Revision resources
t D&T	10A/Dt	Pupils will sit a 50-	10 <i>A</i> /	Revision support material
	1	minute written	DT1:	
		assessment	Thursday	Pupils should use their classwork and homework to
		comprising multiple-	20th	support their revision for this assessment.
	10B/Dt	choice, short-	November,	
	1	answer, and	Period 4	Additional revision resources will also be added to
		extended-response		class charts and 'MS Teams KS4 Support channel'
		questions.	10B / DT1:	
		 Timbers - 	Wednesda	Website support
		Categories,	y 19th	
		Sources and	November,	BBC Bite Size GCSE DT
		Origins	Period 2	https://www.bbc.co.uk/bitesize/examspecs/zby2
		• Polymers -		<u>bdm</u>
		Categories,		
		Sources and		国域性 2 22国
		Origins		不然此為於為
		• Timber		4897 XXXXX
		manufacturi		SECOND CONTRACTOR
		ng processes Sustainabilit		PACE TO THE PACE SHOPE
		• Sustainabilit		
		• Six R's		TET ASSET SUCARO.
		Reducing		
		Waste		
		Social, Moral		Other independent study support
		and		отпольной отполь
		Environment		Recommended revision guides:
		al Issues		J
		 Product 		https://clearrevise.com/titles/aga-gcse-design-
		Analysis		technology-8552/
		,		
		Completed mock		https://www.capbooks.co.uk/secondary-
		NEA sections will		books/gcse/design-technology/d-t/tar42-new-
		also be considered		gcse-design-technology-aqa
		and form part of		
		the assessment		
		grade reported.		
H&SC	10A/Hs	• 1x 2-hour slot	Thursday	No revision required in advance for the NEA
	1	working on their	27th	assessment, just attendance in lesson and
	_	first live RO35	November	careful attention to instructions and guidance
	10B/Hs	Health	P3&4 and	during the assessment.
	1	Promotion	ongoing in	
		Campaign NEA	every	

task which will	H&SC
form part of	lesson
their actual final	
grade. Pupils will	
continue to work	
on this	
assessment	
throughout	
January and so	
it is therefore	
vital attend	
every lesson as	
well as this 2-	
hour session.	

English

Assessment 1: 'A Christmas Carol'

Students will be given a 45-minute extract question based on their study of 'A Christmas Carol' by Charles Dickens

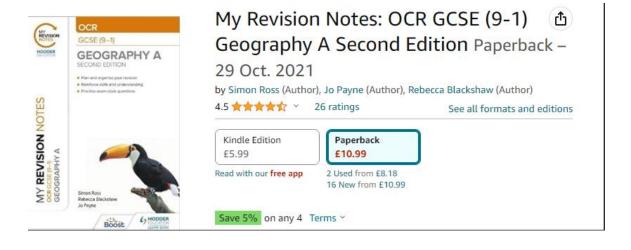
Assessment 2: Creative Writing

Students will be given a 45-minute paper during which time they will write a piece of creative prose writing.

Preparation for each assessment will take place in lessons and students should use their exercise books and the notes within them to revise.

Geography

Students will be tested on the Landscapes of the UK and People of the UK units. Students should revise using their class exercise books. In addition, students are strongly encouraged to purchase the following revision guide to support independent study.



History

History (OCR History B - SHP)

Students will sit a 55-minute paper on The People's Health 1250 to the Present. This will be split across two lessons. The topics to be covered are:

- · The Middle Ages 1250-1500
- · The Early Modern Period 1500-1750

Examination style questions will include 3×1 marks, 9 marks; 10 marks and 18-mark essay.

Students will follow a revision schedule to help them prepare for the assessment. This will include a specific task each week and will be followed up with a short knowledge test in class the following week. Students will take their books home to revise.

A revision guide is available to purchase on ScoPay.

Students may also find it helpful to use the following website to revisit topics and quiz themselves. https://www.bbc.co.uk/bitesize https://senecalearning.com/en-GB/ (click 'Students use for free' and use your school email and password to log-in.

Maths

The topics for the first PPE are below. Students will need to bring in their own scientific calculator.

Foundation

Draw line and find the midpoint, draw radius, measure angle			
Calculate perimeter and area, reflect shape			
Area and percentage			
Convert fraction, decimal and percentage			
Volume of cuboid			
Describe reflection			
Angles			
Circumference			
Expand and factorise			
Nth term			
Area			
Fraction, percentage and ratio problem			
Averages and range			
Compound interest			
Pythagoras			

<u>Higher</u>

Highest common factor			
Reciprocals and using a calculator			
Pythagoras			
Expand and factorise			
Trigonometry (length)			
Percentage change			
Ratio and fractions			
Trigonometry (angles)			
Product rule for counting			
Sine rule			
Percentage of a quantity			
Changing the subject and simultaneous equations			
Recurring decimal to a fraction			
Area of a triangle and cosine rule			
Expanding brackets involving surds			

Media

Students will be assessed on the topics of Film Industry and Film Advertising, so will need to revise both Bond films we have studied (film industry general background as well as the marketing for TMWTGG and NTTD) and should be ready to make comparisons between these film posters and an 'unseen' film poster. They will also need to revise subject specific terminology and relevant theory.

The first place to revise this is from their books and folders, then the Eduqas Media GCSE website (link below) and the Mrs Fisher YouTube revision videos, again, linked below:

https://resources.eduqas.co.uk/pages/ResourceSingle.aspx?rIid=1885

https://www.youtube.com/watch?v=IRnTaDEWq3s&t=198s

https://www.youtube.com/watch?v=Pn60surD2wQ&t=19s

MFL

French Y10 assessment

During the assessment, you will complete listening & reading tasks in the style of the new GCSE.

All tasks are based on the topics we have studied this year:

- 1 Travel & tourism
- 2 Media & technology

Revision support materials:

1. Language Nut - any vocabulary or GCSE exam activities connected to these two topics (your teacher will show you where they are)

- 2. Vocabulary booklet you will find both of these topics. (please ask for a new one, if you have lost it)
- 3. BBC Bitesize any tasks based on these two topics (make sure you go to the NEW GCSE sections)

Revision support materials:

- 1. Language Nut any vocabulary or GCSE exam activities connected to these two topics (your teacher will show you where they are)
- 2. Double-sided vocabulary sheet on each of these two topics (please ask for a new one, if you have lost it)
- 3. BBC Bitesize any tasks based on these two topics (make sure you go to the NEW GCSE sections)

German Y10 assessment

During the assessment, you will complete listening & reading tasks in the style of the new GCSE.

All tasks are based on the topics we have studied this year:

- 1 Travel & tourism
- 2 Media & technology

Revision support materials:

- 1. Language Nut any vocabulary or GCSE exam activities connected to these two topics (your teacher will show you where they are)
- 2. Vocabulary booklet you will find both of these topics. (please ask for a new one, if you have lost it)
- 3. BBC Bitesize any tasks based on these two topics (make sure you go to the NEW GCSE sections)

Music

Students will be completing an adapted GCSE exam which will include all topics which students have currently studied. This exam is in two sections. Section A is a listening test in which students answer questions based on what they hear. Section B will be a written section in relation to the music theory students have studied up until this point. Students should use their books/ online resources to prepare by studying the elements of music and key words.

Online resources GCSE Music - AQA - BBC Bitesize

Students should search 'GCSE Music AQA BBC Bitesize' and scroll down to the 'music theory' section which details several pages to support learning on the elements of music. Students don't need to look at the 'set works' section on BBC Bitesize, as this is outdated.

Performing Arts

Students will be completing component 1 coursework in controlled conditions.

PE

Students will be assessed on:

The Skeleton

Functions of the Skeleton

Classification of Bones

Structure of the Skeleton

Joints

Classification of Joints

Movement Possibilities at Joints

Role of Ligaments and Tendons

<u>Muscles</u>

Muscle Types

Location of Muscles

Antagonistic Pairs

Muscle Fibre Types

Health, Fitness and Training

Health and Fitness

Definitions of Fitness Health and Exercise

Components of Fitness

Fitness Testing

Values of fitness testing

Fitness Testing 1

Fitness Testing Data

Training

Principles of Training

Training Target Zones

Methods of Training 1

Methods of Training 2

Methods of Exercise

Revision resources:

Textbooks and Folders

https://www.bbc.co.uk/bitesize/examspecs/zxbq39q

https://theeverlearner.com/

https://www.youtube.com/c/TheEverLearner

<u>RE</u>

Year 10 RE students need to revise

Marriage and beliefs Christian beliefs

Class teachers will provide revision materials.

<u>Science</u>

Combined Science: Biology	Combined Science: Chemistry	Combined Science: Physics
Students will be tested on:	Your assessment will be a full Paper	Students will be tested on the test
The test will select from the	1 chemistry exam, for which the	following topics, from Years 9 and
following topics, from <u>Years 9 and</u>	content was taught in year 9 and 10.	10
10	The following topics can be	
10 B1: Cell Biology	assessed:	P1: Energy Stores and
• Cells	 Atomic Structure 	Transfers (Year 9)
 Microscopes 	 The periodic table 	
• Stem cells	 Structure & Bonding 	 P2: Energy transfer by
 Mitosis 	 How Science Works skills 	Heating (Year 9)
• Cancer	such as analysing data, simple	
 Active Transport 	calculations and evaluating	P3: Energy Resources (Year)
Diffusion	information.	9)
B2: Organisation		
Blood	Your assessment will last 45	P4: Electric circuits (Year
• Heart	minutes, and you should bring a pen,	10)
 Blood vessels 	pencil, calculator and ruler.	
 Digestion 	You will be provided with digital	P5: Electricity in the Home
 Gas exchange 	copies of knowledge organisers and	(Year 10)
 Enzymes 	useful revision links via	
 Heart Disease 	ClassCharts.	Required practical:
B4: Bioenergetics	A full paper 1 revision homework is	
 Photosynthesis 	set on Seneca for all students to	 P2 - Determining Specific
 Respiration 	complete prior to the assessment.	Heat Capacity
General How Science Works		
questions (e.g. Interpreting data)		P4 - Determining resistance
		of a wire
The assessment includes work from		
Year 9 and Year 10.		 P4 - Determining I-V
Various resources will be attached		Characteristics of Components
to ClassCharts, including digital		·
Knowledge Organisers, links to BBC		General How Science Works
Bitesize, and various supporting Pix	1	questions (e.g. Interpreting data,
documents.		drawing graphs)
		Various resources will be attached
		to ClassCharts, including digital
		Knowledge Organisers, links to BBC
		Bitesize.

Sananata Scienca: Rialogy	Separate Science: Chemistry	Separate Science: Physics
Separate Science: Biology	Separate Science: Chemistry	Separate Science: Friysics
Students will be tested on:	Your assessment will be a full Paper	Students will be tested on the test
The test will select from the	1 chemistry exam, for which the	following topics, from Years 9 and
following topics, from <u>Years 9 and</u>	content was taught in year 9 and 10.	
10	The following topics can be	
B1: Cell Biology	assessed:	P1: Energy Stores and
• Cells		Transfers (Year 9)
 Microscopes 	 Atomic Structure 	, , , , , , , , , , , , , , , , , , , ,
Stem cells		P2: Energy transfer by
Mitosis	 The periodic table 	Heating (Year 9)
• Cancer	·	
 Active Transport 	 Structure & Bonding 	• P3: Energy Resources (Year
• Diffusion	_	9)
B2: Organisation	 Chemical Changes 	
Blood	-	• P4: Electric circuits (Year
 Heart 	 How Science Works skills 	10)
 Blood vessels 	such as analysing data, simple	
 Digestion 	calculations and evaluating	 P5: Electricity in the Home
 Gas exchange 	information.	(Year 10)
 Enzymes 		
 Heart Disease 		 P6: Particle Model of Mater
B4: Bioenergetics	Your assessment will last 45	(Year 10)
 Photosynthesis 	minutes, and you should bring a pen,	
 Respiration 	pencil, calculator and ruler.	Required Practical:
General How Science Works		
questions (e.g. Interpreting data)	All revision resources are available	P4 - Determining resistance
	•	of a wire
The assessment includes work from		
Year 9 and Year 10.	summary notes, knowledge	P4 - Determining I-V
Various resources will be attached	organisers, podcasts and past	Characteristics of Components
to ClassCharts, including digital	papers.	
Knowledge Organisers, links to BBC		
Bitesize, and various supporting Pixl		General How Science Works
documents.		questions (e.g. Interpreting data,
		drawing graphs)
		Various resources will be attached
		to ClassCharts, including digital
		Knowledge Organisers, links to BBC
		Bitesize.

Sociology

Students need to revise all parts of the following topics:

- · Introduction to Sociology
- Research Methods

Revision material will be given out in class and will be on class charts.