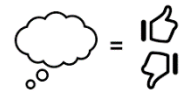


Education and employment is constantly changing and parents and guardians may have many questions such as:



- Are apprenticeships right for my child?
- Should they be considering BTECs, A levels or T-Levels?
- How can I guide my child to make choices in Year 9 that will set them up for a brighter future?
- Which jobs will give my son/daughter the most opportunities in the future?
- Which employability skills are important for my child to demonstrate?

Helsby High School is keen to work with parents to help our students receive the best advice their future opportunities and careers. There are many ways that you can help us to give your son or daughter guidance about their future career choice. **We have outlined below activities that take place at school and useful links and activities to use at home.**

At home



Useful websites

National Careers Service



This gives concise information about specific jobs e.g. entry requirements, salary and day to day tasks. Also useful for generating career ideas e.g. what jobs are there in the creative sector, engineering, health care, working with animals.

icould



Career ideas and information for your future

A good starting point if you have no career ideas at all. Explore careers related to school and college subjects and how to choose GCSEs and post 16 options.

Unifrog



A user-friendly platform that helps students make the best choices, and submit the strongest applications. Explore the world of work, choosing options at 14, 16 and 18, apprenticeships and get help with applying to university.



The UCAS website is not just about how to choose a university course, apply to university, entry requirements, UCAS points and student finance; it is also great for researching careers, job roles, apprenticeships and how to write a CV.

Prospects



Very useful for exploring graduate careers e.g. What can a degree in history lead to? Gives lots of detailed information on specific jobs.

Find an Apprenticeship



This is the place to search for apprenticeship vacancies in your local area and beyond.

Amazing Apprenticeship



Useful for finding out when specific companies recruit, what sort of vacancies they have and tips on how to apply.

There is more information on universities and apprenticeships on the student page.

At school....

OPEN DAYS



Helsby High School provides Open evenings for you to attend with your son or daughter in both Y9 and Y11. This is an opportunity to visit different departments and discuss future courses available at KS4 and the Sixth form. Our Careers adviser's, Rosie Morris and Jane Pearson, is available on these days if you would like one to one guidance with your child. We also encourage other educational providers (eg local colleges) to visit our school or arrange visits for our students.

INDEPENDENT CAREERS ADVICE

Rosie Morris is our Independent Careers advisor and is in school two days a week. Your son or daughter will be offered an appointment in Y10/11 and Y12/13. Parents and guardians are welcome to attend these meetings. Please contact rmorris@helsbyhigh.org or jpearson@helsbyhigh.org

Experience of the workplace

Year 10 students will undertake 3 days of work experience in July.

Year 12 students will undertake a week of work experience in December.

Students will be encouraged to speak to employers and use their contacts (friends, family and local labour market) to source their work experience placement. Once a placement is found they will upload it onto Unifrog

PSHCE and Form Time

Careers educational and guidance is part of our personal development curriculum and delivered in each year group in PSHCE lessons and form period. In addition, in the summer term we offer 'Respect for Difference' and 'Futures Days' linking with local employers and focusing on diversity in the workforce and employability skills.