

Year 9 Long Term Scheme of Learning 2025-26

Subject: PSHCE

HELSEBY

High School



Date	Lesson	Unit(s)
2/9/25	1	Phone Addiction 1
12/9/25	2	Phone Addiction 2
15/9/25	3	Sexting
26/9/25	4	Sexual Exploitation
29/9/25	5	Domestic Violence and Abuse
10/10/25	6	Fireworks
13/10/25	7	FGM
24/10/25	8	FC – Mobile Phone Products
3/11/25	9	Unifrog (Computers)
14/11/25	10	Underage Sex
17/11/25	11	Contraception
28/11/25	12	STIs
1/12/25	13	LGBTQ+ Identities
12/12/25	14	Mental Health
15/12/25	15	Body Image
09/1/26	16	FC – Crypto Currency
12/1/26	17	Self-Harm
23/1/26	18	Sleep 1
26/1/26	19	Sleep 2
6/2/26	20	Crime and Drugs
9/2/26	21	Binge Drinking
27/2/26	22	Vaping 1
2/3/26	23	Vaping 2
13/3/26	24	National Careers Week (Computers)
16/3/26	25	FC – Financial Exploitation
27/3/26	26	Young Offenders
30/3/26	27	Anti-Social Behaviour
24/4/26	28	Railway Safety
27/4/26	29	County Lines
8/05/26	30	Hate Crime
11/5/26	31	Unifrog (Computers)
22/5/26	32	Knife Crime 1
1/6/26	33	Knife Crime 2
12/06/26	34	Cybercrime and Online Fraud
15/6/26	35	Internet Safety – The Dark Web
26/6/26	36	Fake News and Critical Thinking
29/6/26	37	Independent Living
10/7/26	38	Water Safety
	39	Activity Week

Bold requires computer rooms