

Year 8 Long Term Scheme of Learning 2025-26

Subject: PSHCE

HELSBY

High School



Date	Lesson	Unit(s)
2/9/25	1	1: What type of person am I?
12/9/25	2	2: Tolerance
15/9/25	3	3: Form Identity
26/9/25	4	4: Financial Capability – Opening a Bank Account
29/9/25	5	5: Unifrog (Computer Rooms)
10/10/25	6	6: Firework Safety
13/10/25	7	7: Financial Capability – Bank Statements
24/10/25	8	8: Bullying or Banter
3/11/25	9	9: Disability Discrimination
14/11/25	10	10: Homophobia
17/11/25	11	11: E-Safety – Social Media and the Law
28/11/25	12	12: E-Safety – Tracking Your Digital Footprint
1/12/25	13	13: Physical, Emotional and Social Impact of Drugs
12/12/25	14	14: Tobacco
15/12/25	15	15: Financial Capability – How to Save Money
09/1/26	16	16: Vaping 1
12/1/26	17	17: Vaping 2
23/1/26	18	18: Conception
26/1/26	19	19: Contraception
6/2/26	20	20: Consent
9/2/26	21	21: Sex and Relationships
27/2/26	22	22: Break-ups
2/3/26	23	23: Financial Capability – How to Use a Bank Card
13/3/26	24	24: National Careers Week (Computer Rooms)
16/3/26	25	25: Self-Awareness
27/3/26	26	26: Body Image
30/3/26	27	27: Body Image (Case Study)
24/4/26	28	28: Privilege
27/4/26	29	29: Genocide
8/05/26	30	30: Environmental Issues
11/5/26	31	31: Sleep 1
22/5/26	32	32: Sleep 2
1/6/26	33	33: Unifrog (Computer Rooms)
12/06/26	34	34: Domestic Conflict 1
15/6/26	35	35: Domestic Conflict 2
26/6/26	36	36: Railway Safety
29/6/26	37	37: Water Safety
10/7/26	38	38: Subject Quiz
13/7/26	39	
17/7/26		