

Year 13 Long Term Scheme of Learning 2025-26

Subject: Extended Certificate in Health & Social Care

Date	Exams/ Assess	Mrs Gilbert's Units (4 periods per fortnight)	Mrs Eastwood's Units (5 periods per fortnight)
1/9/25		Unit 4 Anatomy and Physiology for Health and Social Care (examined unit) LO2: Understand the respiratory system, malfunctions and their impact on individuals LO3: Understand the digestive system, malfunctions and their impact on individuals	Unit 10 Nutrition for Health (moderated portfolio unit) LO1: Know nutritional and diet guidelines LO2: Understand the function of nutrients LO3: Understand factors which influence nutritional health
8/9/25			
15/9/25			
22/9/25			
29/9/25			
6/10/25			
13/10/25			
20/10/25		LO4: Understand the musculoskeletal system, malfunctions and their impact on individuals LO5: Understand the control and regulatory systems, malfunctions and their impact on individuals	LO4: Make recommendations to improve nutritional health Unit 3 Health, Safety & Security (examined unit) LO1: Understand potential hazards in health, social and child care
3/11/25			
10/11/25			
17/11/25			
24/11/25			
1/12/25			
8/12/25			
15/12/25		their impact on individuals LO6: Understand the sensory systems, malfunctions and their impact on individuals	LO2: Understand how legislation, policies and procedures promote health, safety and security in HSC environments LO3: Understand the roles and responsibilities involved in health, safety and security in HSC environment
5/1/26			
12/1/26			
19/1/26			
26/1/26			
2/2/26			
9/2/26			
23/2/26		individuals LO4: Know how to respond to incidents and emergencies in a health, social care or child care environment	
2/3/26			
9/3/26			
16/3/26			
23/3/26			
30/3/26			
20/4/26			
27/4/26		Start of exams	Start of exams
4/5/26			
11/5/26			
18/5/26			
1/6/26			
8/6/26			
15/6/26			
22/6/26			
29/6/26			
6/7/26			
13/7/26			