

Subject: Health & Social Care

Date	Exams/ Assess	Externally Examined Units	Moderated Portfolio Units
1/9/25		Unit 2 Equality, Diversity and Rights (Examined unit) LO1: Understand concepts of equality, diversity and rights and how these are applied in the context of health, social care and child care environments LO2: Understand the impact of discriminatory practices on individuals in health, social care and child care environments LO3: Understand how current legislation and national initiatives promote anti-discriminatory practice in health, social care and child care environments	Unit 1 Building positive relationships (Moderated portfolio unit) LO1: Understanding relationships in health and social care LO2: Understanding factors that influence the building of relationships LO3: How a person-centred approach supports positive relationships
8/9/25			
15/9/25			
22/9/25			
29/9/25			
6/10/25			
13/10/25			
20/10/25			
3/11/25		LO4: Understand how equality, diversity and rights in health, social care and child care environments are promoted Unit 7 Safeguarding (Examined unit) LO1: Understand types and signs of abuse LO2: Understand factors which may lead to abusive situations	LO4. Demonstrate communication skills in a one-to-one and group interaction Unit 5 Infection Control (Moderated Portfolio unit) LO1: Understand infection control in health and social care LO2: Know the chain of infection
10/11/25			
17/11/25			
24/11/25			
1/12/25			
8/12/25			
15/12/25			
5/1/26	Sit unit 2 exam Jan 2026	LO3: Understand legislation, regulatory requirements and guidance which govern the safeguarding of adults, young people and children	LO3: Be able to control the spread of infection LO4: Understand the role of the health and social care worker in controlling infection
12/1/26			
19/1/26			
26/1/26			
2/2/26		LO4: Understand how to deal with suspected abuse and disclosures of abuse LO5: Understand working strategies and procedures for the safeguarding and protection of adults, young people and children	Unit 15 Promoting health and wellbeing (Moderated portfolio unit) LO1: Understand reasons for maintaining a healthy lifestyle MODERATION OF UNITS 1 & 5 IN FEB/MARCH OF Y12
9/2/26			
23/2/26		LO6: Understand how workers within health, social care and child care environments can minimise the risk of abuse Unit 3: Health, safety and security in Health and Social Care (examined unit) LO1: Understand the potential hazards in health, social care and child care environments.	LO2: Understand the use of strategies and campaigns and the roles of professionals in promoting health and wellbeing LO3: Understand factors that influence responses to the promotion of health and wellbeing
2/3/26			
9/3/26			
16/3/26			
23/3/26			
30/3/26			
20/4/26		LO2: Legislation, policies and procedures	LO4: Be able to implement and evaluate a campaign promoting health and wellbeing
27/4/26			
4/5/26			
11/5/26			

18/5/26		and how they promote health, safety and security in HSC LO3: Understand the roles and responsibilities involved in health, safety and security in HSC LO4: Know how to respond to incidents and emergencies	Unit 14 Impact of long-term physiological conditions (Moderated portfolio unit) LO1: Know what long-term physiological conditions are; their causes and symptoms MODERATION OF UNIT 15 IN MAY OF Y12
1/6/26	Sit unit 3 exam end Y12 Plus any unit 2 resits	Unit 4 Anatomy and Physiology for Health and Social Care (Exam) LO1: Understand the cardiovascular system, malfunctions and their impact on individuals LO2: Understand the respiratory system, malfunctions and their impact on individuals	LO2: Understand effects of long-term physiological conditions LO3: Be able to support individuals with long-term physiological conditions to plan their care and support
8/6/26			
15/6/26			
22/6/26			
29/6/26			
6/7/26			
13/7/26			

Projecting forward to Year 13 plan for 2026-27 the following year

Half Term	SGI	NEA
1	Unit 14 continued.... LO4: Know about end of life care Then finishing unit 4.... LO3: Understand the digestive system, malfunctions and their impact on individuals	Unit 10 Nutrition for Health (moderated portfolio unit) LO1: Know nutritional and diet guidelines LO2: Understand the function of nutrients LO3: Understand factors which influence nutritional health
2	LO4: Understand the musculoskeletal system, malfunctions and their impact on individuals LO5: Understand the control and regulatory systems, malfunctions and their impact on individuals LO6: Understand the sensory systems, malfunctions and their impact on individuals SIT UNIT 4 EXAM JANUARY 2027 IN YEAR 13 ALONG WITH UNIT 3 IF NOT DONE IN SUMMER 2026 AT END Y12 (or if have, unit 3 resits in January 2027)	LO4: Make recommendations to improve nutritional health Unit 13 Sexual health, reproduction and early development stages (moderated portfolio unit) LO1: Understand sexual health and contraception LO2: Understand the importance of prenatal health and the process of conception LO3: Know the factors which could affect health in pregnancy and the success of the birth

3	Unit 6 : Personalisation and a person-centred approach to care LO1: Understand personalisation LO2: Understand what is meant by a person-centred approach to care	LO4: Understand the stages of pregnancy and birth and the postnatal care of the mother LO5: Understand the care and development of the baby in the first year of life
4	LO3: Understand methods used to implement a person-centred approach LO4: Know how to plan and conduct review meetings using a person-centred approach	MODERATION OF UNITS 10, 13 & 14 AROUND EASTER Y13 Unit 8 Creativity and activity for children and young people (Moderated portfolio unit) LO1: Understand the importance of creativity for children and young people LO2: Understand how creativity develops in children and young people LO3: Understand the role of adults in promoting creativity for children and young people
5	Exam revision	LO4: Be able to design and plan an activity/creative activity for use with a group of children or young people LO5: Be able to deliver and evaluate an activity/creative activity to a group of children or young people
6	SIT UNIT 6 EXAM IN SUMMER 2027 (END OF Y13), ALONG WITH ANY RESITS OF UNIT 4 AND 3	MODERATION OF UNIT 8 IN JUNE OF Y13