Year 11 Long Term Scheme of Learning 2025-26

HELSBY High School Achieving Success Valuing Others

Subject: GCSE PE

Date	Exams/ Assess	Paper 2
1/9/25		Optimising training and avoiding injuries
8/9/25		
15/9/25		Sport Psychology
22/9/25		Haralik Characa and anali kaban
29/9/25		Health fitness and well-being
6/10/25		PEP hand in
13/10/25		PEP IIaliu III
20/10/25		Core task - PPE1 (Paper1) Practical - moderation preparation
3/11/25		
10/11/25		Health fitness and well-being
17/11/25		
24/11/25		Performance enhancing drugs
1/12/25		
8/12/25		Core task – End of topic test – Sport Psychology/Injuries
15/12/25		Practical – moderation preparation
5/1/26		Health fitness and well-being
12/1/26		
19/1/26		Social-cultural influences
26/1/26		0 1 1 0050
2/2/26		Core task – PPE2
9/2/26		Practical – moderation preparation
23/2/26		Revision
2/3/26		Care tack. End of tonic tact. Health fitness and well being (Secie
9/3/26		Core task – End of topic test - Health fitness and well-being/Socio- cultural influences
16/3/26		Cultural illinderices
23/3/26		Practical – moderation preparation
30/3/26		
201:125		Practical moderation
20/4/26		Revision
27/4/26		
4/5/26 11/5/26		Start of GCSE exams
18/5/26		Start of GCSE exams
1/6/26		
8/6/26		
15/6/26		
22/6/26		
29/6/26		
6/7/26		
13/7/26		