

Year 10 Long Term Scheme of Learning 2025-26

Subject: PSHCE

Date	Lesson	Unit(s)
2/9/25 12/9/25	1	Unifrog- Experience of the Workplace search/Investigation/Upload
15/9/25 26/9/25	2	Sexual Bullying & Consent
29/9/25 10/10/25	3	Accessing Sexual Health Services
13/10/25 24/10/25	4	Negotiation Skills & Sexual Pressure
3/11/25 14/11/25	5	Teenage Pregnancy
17/11/25 28/11/25	6	Learn to Earn- Money Matters (Computers)
1/12/25 12/12/25	7	Learn to Earn- Money Matters (Computers)
15/12/25 09/1/26	8	Harmful effects of porn
12/1/26 23/1/26	9	Revenge-porn
26/1/26 6/2/26	10	Legal and illegal drug use
9/2/26 27/2/26	11	Mental Health- Stress
2/3/26 13/3/26	12	Mental Health Stress- Anxiety
16/3/26 27/3/26	13	Sexual Health - Effects of Drugs & Alcohol
30/3/26 24/4/26	14	Sexism
27/4/26 8/05/26	15	LGBTQ+
11/5/26 22/5/26	16	Relationship types
1/6/26 12/06/26	17	Unifrog - Personal Development- Journal and email to employer
15/6/26 26/6/26	18	Teenage Cancer (Exploring Challenges)
29/6/26 10/7/26	19	Gambling
	20	Activity Week

Bold requires computer rooms