

Year 13

Information Evening

This event will start shortly. We are just allowing some time for parents/carers to join the meeting.

Please can you ensure your camera and microphone are switched off for the duration of this event.

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Year 13

Information Evening



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Introductions



Mrs Cross
Director of Sixth Form
Assistant Headteacher



Dr Pritchard-Roberts
Deputy Headteacher

- A copy of this presentation will be made available on our website.
- Please keep all microphones and cameras turned off.

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Overview of Evening

- **Year 13 Assessment and Reporting**
 - Summer 2026 Examinations
 - Upcoming Pre-Public Examinations (PPEs)
 - Student Attainment and Progress
 - Key Dates for the academic year
- **Academic and Pastoral Support for students**
 - Intervention and Revision
 - Exam Preparation and Study Skills
 - Support Structures
- **Preparations for life after Sixth Form**

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Assessment & Reporting

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Pre-Public Examinations

- Students will complete formal assessments in each of their subjects.
- Assess students' attainment and progress.
- Identify students' strengths and areas for development.
- Plan targeted intervention and support for students.
- Develop students' examination techniques.

Pre-Public Examinations

- Students issued with a PPE1 Timetable for the week period from **Monday 10th – Friday 14th November.**
- This details the number and duration of assessments that will be undertaken by each subject area and on what date and time.
- The PPEs will be conducted in a formal exam style setting to develop students' confidence, stamina and resilience for this type of assessment.
- This will be the format of their real Advanced Level and Level 3 Vocational examinations – examination practice is a key part of students' preparation.

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PPE Student Expectations

- Students will be on authorised study leave for the duration of this full week (small exception below)
- Students must attend all their PPEs as per the timetable.
- Exception to study leave: For students who take qualifications that are not having a formal PPE in this window, they must attend the two hour session that we have scheduled within this period.

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PPE Student Expectations

- Students should attend their PPEs promptly.
- Students should ensure they have all material and resources required, such as stationery and a calculator.
- Mobile phones must be switched off and placed in their bag.
- Students must follow all instructions from the exam invigilator in relation to the administration of the PPE.

Access Arrangements

- Access Arrangements are for those students whose normal ways of working include such arrangements, for example a Reader, Scribe, Extra-Time etc.
- Students who are eligible for Access Arrangements will have these administered for these PPEs.

Student Absence & Contingency

- If a student does not attend their PPE due to illness or other absence, they may not be able to undertake this at a later date as it may compromise the integrity of the assessment. This will be considered on an individual basis.
- Alternative assessment evidence will be considered when generating a Predicted Grade for students who do not complete all of their PPEs.

Reporting Student Attainment and Progress

- **Predicted Grade** – our professional judgement of how a student will perform if they continue to work at the same rate of progress in that subject taking into account the different components of a qualification (e.g. Exam, Non-Examined Component, Practical Task etc.)
- Effort and Behaviour
- Areas of Strength and Development

Reporting Student Attainment and Progress

- Year 13 Academic Progress Summary Report sent to parents/carers w/c **Monday 1st December.**
- **Parental Consultation Evening on Thursday 4th December.**

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Assessment and Reporting Dates for the diary

- Year 13 PPE 1

Monday 10th – Friday 14th November

Academic Progress Summary Report –

w/c **Monday 1st December**

Parental Consultation Evening –

Thursday 4th December

Year 13 PPE2 - **Monday 2nd February – Friday 13th February**

Academic Progress Summary Report – w/c 9th March

Parental Consultation Evening – Thursday 19th March

A-Level & Vocational Examinations
Monday 5th May – Wednesday 24th
June (Provisional)

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Academic & Pastoral Support for Students



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Progress and Pastoral Care



Sixth Form Administrator
Mrs Cook
SixthFormAdmin@helsbyhigh.org



Deputy Director of Sixth Form
Mrs Robinson
JRobinson@helsbyhigh.org



Sixth Form Study room
supervisor and Attendance
Mrs Houghton
khoughton@helsbyhigh.org



Director of Sixth Form
Mrs Cross
KLindop@helsbyhigh.org

Personal Tutors

Teaching Staff

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Preparation leads to success and supports positive well-being

- **Staff** will help prepare students by teaching new ideas clearly and through regular testing and assessment of previous knowledge. Students should also 'Recap and Revisit' as independent study.
- **Staff** will provide clear and precise feedback on how to improve. Students should act on this feedback and apply it to their work.
- **Students** must take responsibility for their learning, in particular through attending regularly and engaging and focusing in lessons. Students should find out what their attendance percentage is and aim to sustain or improve this.

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100%

Revision Techniques and Study Skills

- Students will attend a range of revision technique sessions to help them develop good strategies for ensuring success in their exams.



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Exam Busters

Help students tackle post-16 with confidence.

Many students approach exams with a sense of trepidation, especially in Key Stage 5 with the added demands and workload, and the higher-order thinking needed to achieve top grades. This workshop helps alleviate exam stress. The fast-paced, high-energy, interactive sessions are designed to improve memory skills and increase self-confidence. Students begin to understand the importance of reflective practices and regular review in exam preparation, and gain a heightened sense of aspiration and self-belief through positive learning attitudes. Put simply, the skills learned in this workshop will improve exam performance.



Aims of the workshop

- To improve exam preparation and performance
- Develop effective techniques to organise workload and manage the learning environment
- To stimulate a positive attitude towards learning and revision
- To build confidence and aspirations
- To alleviate exam stress
- To encourage a holistic approach to learning and wider life skills through:
 - Study
 - Preparation
 - Relaxation
 - Stress reduction
 - Organisation
 - Mental and physical health and wellbeing

Individual Support

- Some students will require extra support in subject areas
- Departments will support students on an individual basis and through our Academic Support Programme
- Progress Mentors will support students in 1:1 meetings and help them implement the advice from teachers. Students should attend 1:1 meetings regularly.

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Intervention Vs Revision Classes

- Individual students will be invited to intervention sessions where a specific need has been identified. We call these interventions 'Academic Support'.
- Teaching staff will offer revision classes covering key topics that are identified as areas for development for the whole class. These sessions are open to all students.

Student Preparation

- Keep calm
- Plan ahead
- Build in some down time
- Stay hydrated
- Start now and establish a routine
- Complete homework to embed learning
- Know/learn how to complete independent study
- Have the right equipment
- Adapt your environment
- Be in control of sleep routines

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How can parents/carers help?

- Encourage good sleep hygiene
- Encourage exercise and regular breaks
- Nutritious food
- Provide a suitable environment
- Offer encouragement and support
- Monitor mental health and anxiety and seek support, if needed
- Check to see if progress is being made due to revision –Q&A
- Encourage students to ask for help
- Listen to your young person
- Communicate concerns to the Sixth Form team
- Persevere! – they will thank you eventually

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During the exams

- Establish good sleep patterns – your brain needs sleep to heal, recoup, and retain information
- Talk through the equipment needed and the timings of their exams
- Discuss the importance of being:
 - mentally prepared
 - physically prepared
 - emotionally prepared
- Positive attitude and resilience
- Use the support around you PMs/1:1 meetings/SF team
- Do your best in every exam

Preparation for life after Sixth Form

University

Employment

Gap year

Apprenticeship



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Information, Advice & Guidance

- Apprenticeship Talks and meetings
- Vets/Medicine/Dentistry applications/UCAT/LNAT/ESAT/TMUA support
- University meetings (UCAS Process) Oxbridge and specialist course deadline: 15th October 2025 – all other applicants' deadline: 14th January
- Student Finance talks
- Gap year opportunities
- Assistance with job applications
- Careers appointments

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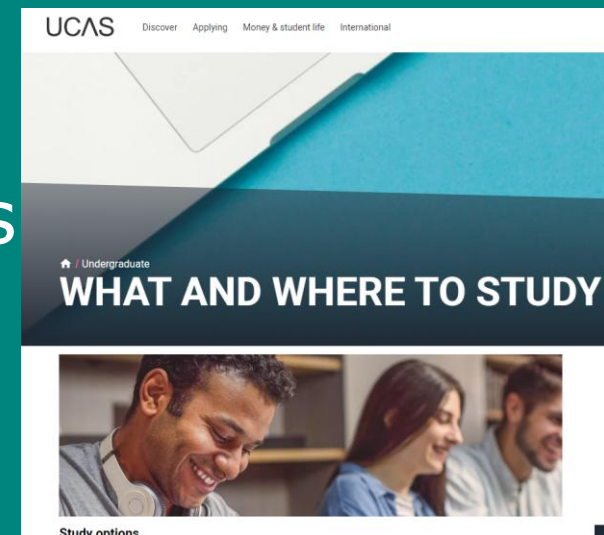


Mrs Morris

rmorris@helsbyhigh.org

Preparing for life after Year 13

- UCAS/Unifrog research
- Open days
- Network
- Student forums
- Engage with our offer
- Ask others
- Look at our destination maps



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See where other students went to study/work and what they went off to do.

Could this be something you want to do?

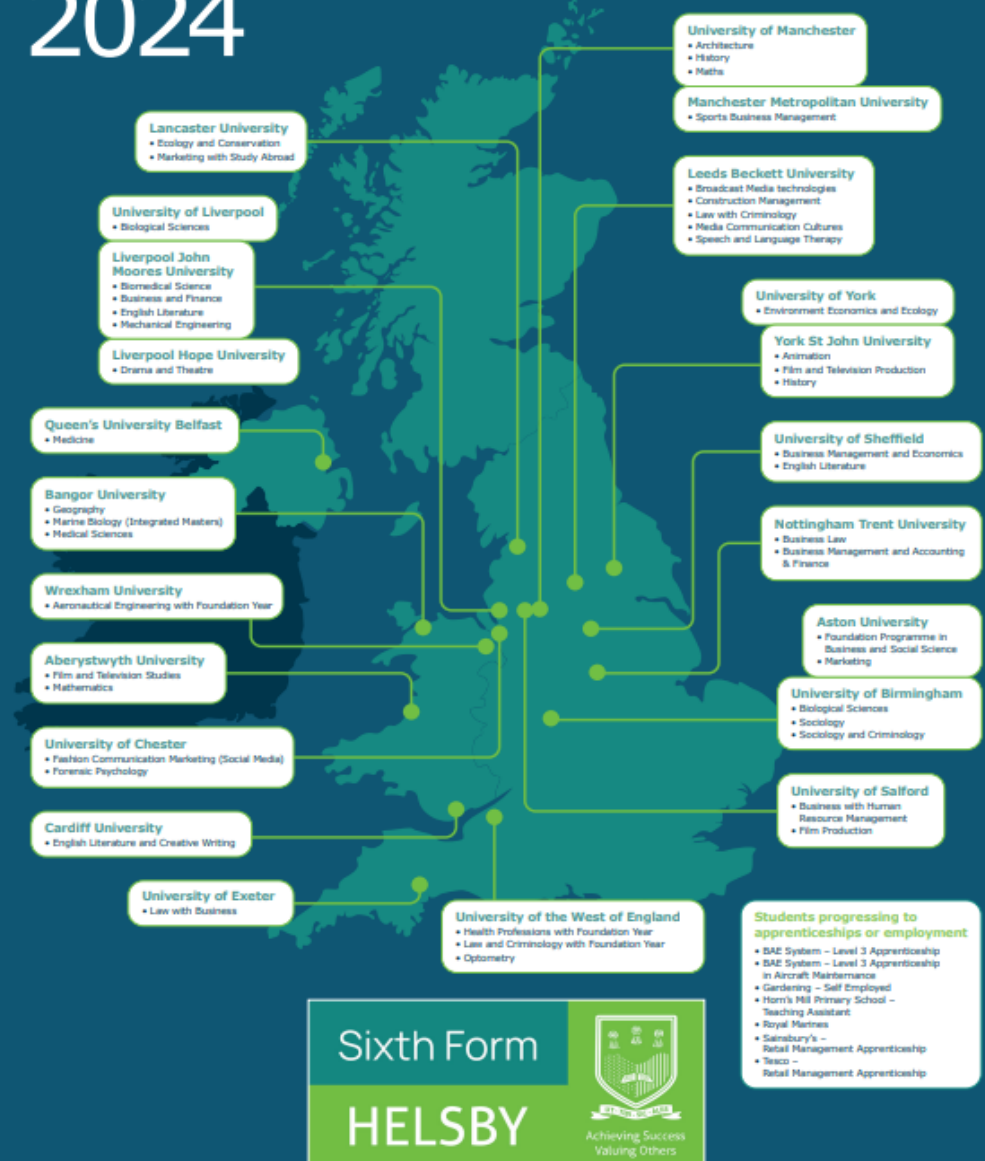
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University Destinations 2024



All getting too much?

- Seek help
- Talk to friends
- Communicate with the Sixth Form team
- Stop revising, have a break and some time out
- Exercise
- Start small – don't see the mountain, just see the next step

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Progress and Pastoral Care



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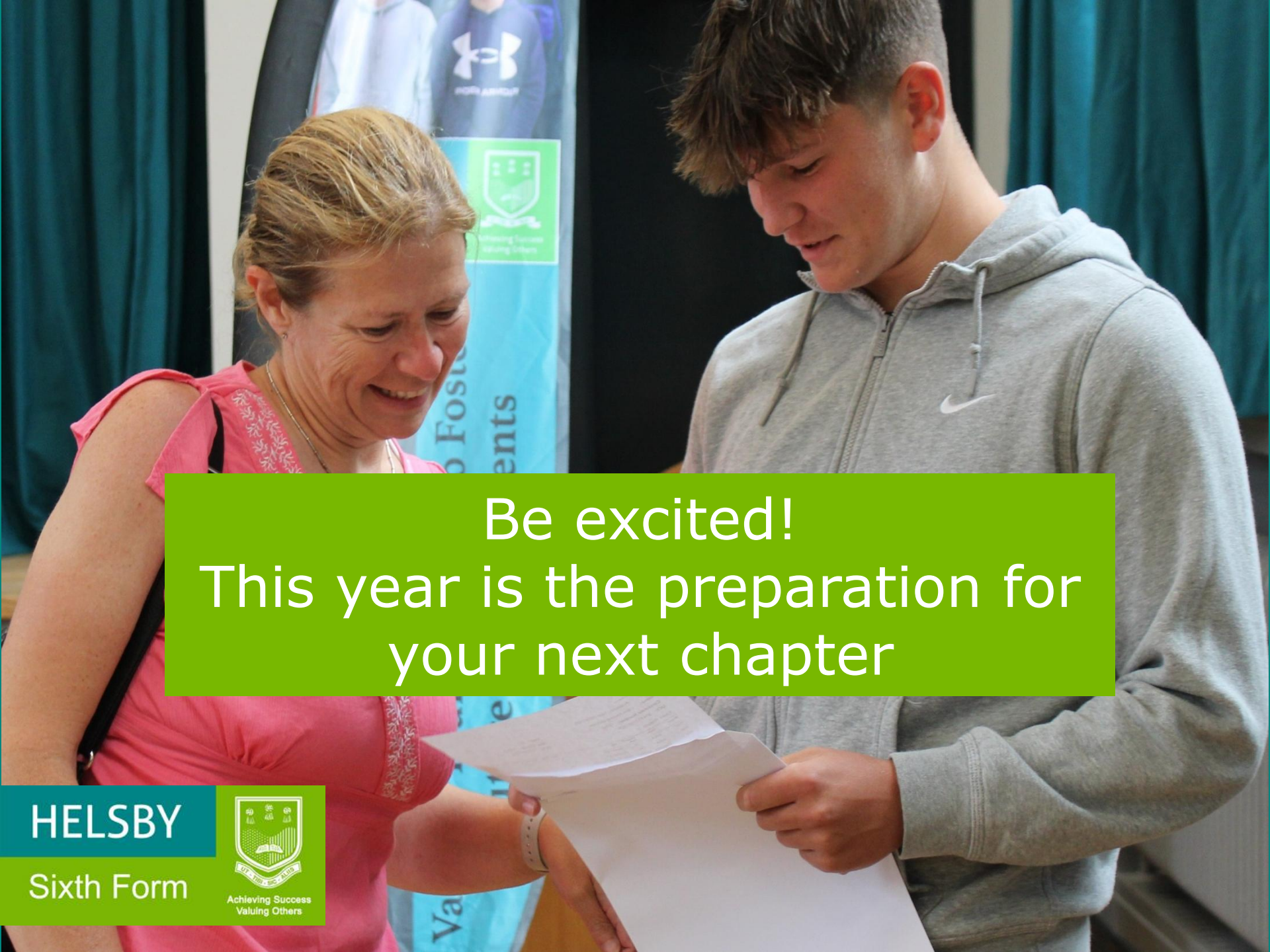
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Teaching Staff

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A woman with blonde hair, wearing a pink sleeveless top, and a young man with brown hair, wearing a grey hoodie, are looking down at a document held by the man. They are both smiling. In the background, there is a blue banner with the Under Armour logo and the text 'Achieving Success Valuing Others'.

Be excited!
This year is the preparation for
your next chapter

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Questions

- If you have any questions regarding the information provided this evening, then please contact sixthformadmin@helsbyhigh.org

Thank you for attending

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