

# Year 13

## Information Evening

This event will start shortly. We are waiting to allow time for parents/carers to join the meeting.

Please can you ensure your camera and microphone are switched off for the duration of this event.

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# Year 13

## Information Evening

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# Introductions



Mrs Cross  
Director of Sixth Form  
Assistant Headteacher



Mrs Robinson  
Deputy Director of  
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# Overview of Evening

- Year 13 Summer Examination Arrangements
- Support for Students and Parents/Carers
- Future pathways

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# Year 13

# Summer

# Examination

# Arrangements

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# A-Level and Level 3 Vocational Qualifications for Summer 2025

- External examinations will take place in Summer 2025.
- External GCE examination dates:

**Monday 12<sup>th</sup> May - Friday 20<sup>th</sup> June**

**National Contingency Day**  
25<sup>th</sup> June

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# External Examinations

- Students issued with an examination timetable for the exams.
- This details the number and duration of each exam that will be undertaken in each subject area and on what date and time.
- **This timetable is fixed as all students nationally must complete the examinations at the same time.**



# Exam Timetable 2025

May 2025						
◀ Apr 2025						Jun 2025 ▶
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
<b>12</b> 9:00am GCE Economics Paper 1 GCE AS Biology Paper 1  1:00pm Cam Tech Sport Unit 1: Body Systems	<b>13</b> 9:00am GCE Geography Paper 1	<b>14</b> 9:00am GCE AS German Listening, Reading & Writing GCE Business Paper 1  1:00pm GCE English Literature Paper 1 Cam Tech H&SC Unit 2: Equality Diversity & Rights	<b>15</b>  1:00pm Level 3 Criminology Unit 2 Cam Tech Sport Unit 3: Sports Organise & Develop	<b>16</b> 9:00am GCE Psychology Paper 1  1:00pm Cam Tech H&SC Unit 3: Health, Safety & Security	17	18
<b>19</b> 9:00am GCE Sociology Paper 1  1:00pm GCE Media Studies Comp 1: Media Products GCE Economics Paper 2 Cam Tech H&SC Unit 4: Anatomy & Physiology	<b>20</b> 9:00am GCE AS German Paper 2 Writing GCE Business Paper 2  1:00pm GCE Politics Paper 1 GCE Core Pure Maths Paper 1	<b>21</b> 9:00am GCE Psychology Paper 2  1:00pm GCE English Language: Language Variation	<b>22</b> 9:00am GCE English Literature Paper 2 GCE AS Biology Paper 2  1:00pm GCE Geography Paper 2 GCSE Core Pure Maths Paper 2 Cam Tech H&SC Unit 6: Personal & Person Centered Approach	<b>23</b> 9:00am GCE Physics Paper 1 GCE History: Civil Rights	24	25
26	27	28	29	30	31	
HALF TERM	HALF TERM	HALF TERM	HALF TERM	HALF TERM		

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# Exam Timetable 2025

June 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2 9.00am GCE Design & Technology Paper 1	3	4 9.00am GCE Sociology Paper 2  1.00pm GCE English Language: Child Language GCE Pure Mathematics Paper 1 Cam Tech H&SC Unit 7: Safeguarding	5 9.00am GCE Economics Paper 3  1.00pm GCE Politics Paper 2 GCE Biology Paper 1 GCE Media Studies Comp 2: Media Forms Level 3 Criminology Unit 4	6 9.00am GCE French Comp 2: Listening  1.00pm GCE Further Maths Mechanics 1 GCE History: Early Tudor	7	8
9 9.00am GCE Psychology Paper 3 GCE Physics Paper 2  1.00pm GCE Business Paper 3	10 9.00am GCE Design & Technology Paper 2 GCE Chemistry Paper 1  1.00pm GCE Religious Studies Paper 1	11 9.00am GCE Computer Science Paper 1 Python	12 9.00 GCE History: Russia  1.00pm GCE Pure Maths Paper 2	13 9.00am GCE Biology Paper 2 GCE English Language: Investigating Language  1.00pm GCE Sociology Paper 3 GCE Further Maths: Further Statistics	14	15
16 9.00am GCE Chemistry Paper 2 GCE French Comp 3: Analytical Response	17 9.00am GCE Physics Paper 3  1.00pm GCE Religious Studies Paper 2	18 9.00am GCE Biology Paper 3 GCE Computer Science Paper 2	19   1.00pm GCE Maths Statistics & Mechanics	20 9.00am GCE Chemistry Paper 3 GCE Religious Studies Paper 3	21	22
23	24	25	26	27	28	29
30						

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# External Examinations

- Throughout the exam period teachers will be available for as per their timetabled lessons until their exam in that subject is over.
- Students will be able to receive individualised support and revision sessions during these lessons
- We that before exams students may wish to study at home

# Examination Times

- Students should attend their exams promptly.

## **Morning exams**

- Arrive at school no later than 8:45am in E6 to settle and leave bags.
- Official start time for exam is 9:00am.

## **Afternoon Exams**

- Report to E6 no later than 12:45pm to settle and leave bags.
- Official start time for exam is 1:00pm.

# Student Expectations

- Students MUST write their legal name on the exam paper.
- Students should ensure they have all material and resources required in a CLEAR PENCIL CASE:
  - BLACK pen
  - Pencil
  - Ruler
  - Protractor
  - Calculator (when applicable)



# Student Expectations

- Mobile phones must be switched off and placed in their bag.
- Students are not permitted to wear any type of watch or ear pod in the examination. These should also be left in their bag.
- Students must ensure they sit at their designated seat.
- Students must not write on the exam paper until instructed to do so by the invigilator.
- Students must not doodle on the exam paper.
- Students must ensure they do not have any additional notes, either in paper form or written on their body when entering the exam.

# Student Expectations

- We encourage all students to check the paper on the desk is the exam that they are expecting and of the correct tier of entry or coloured paper (if applicable). Any concerns are to be reported to the invigilator ASAP.
- Students are only permitted to use the toilet during an examination in an emergency – we encourage all students to visit the toilet before entering the exam venue.
- Students must only write within the designated space on the exam paper. If they require additional space, they must ask the invigilator for additional paper.

# Access Arrangements

- Access Arrangements are for those students whose normal ways of working include such arrangements, for example a Reader, Scribe, Extra-Time etc.
- Students who are eligible for Access Arrangements will have these administered for the examinations. Students will have been made aware of these arrangements ahead of the exams.

# Student Absence

- It is the responsibility of all students with the support of their parents/carers to ensure they attend all examinations.
- If a student misses an examination without a justifiable reason, they will not be issued any marks for this exam, having a detrimental effect on their overall grade.





# Student Absence

- If a student is unable to attend the examination due to illness, parents/carers are to contact the school as soon as practicably possible. We will discuss this with you to determine if alternative arrangements can be made or if we can apply for Special Consideration. [exams@helsbyhigh.org](mailto:exams@helsbyhigh.org)
- If an unforeseen situation occurs and a student fears they may be late for an exam, please contact the school asap so that we can provide assistance **01928 723551**

JCQ Guidance for Special Consideration Process

[https://www.jcq.org.uk/wp-content/uploads/2022/09/Guide to spec con process 2223 FINAL.pdf](https://www.jcq.org.uk/wp-content/uploads/2022/09/Guide%20to%20spec%20con%20process%202223%20FINAL.pdf)

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# Support for Students & their Parents/Carers

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# Parental Support

- Useful links
- <https://www.teenhealth.org.uk/health-topics/exam-stress-parents/>
- <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/>
- <https://www.theparentsguideto.co.uk/post/how-to-help-your-teen-revise-for-their-exams>
- <https://www.bacp.co.uk/news/news-from-bacp/2024/30-may-how-to-help-your-child-deal-with-exam-stress/>



# Things that can help in the lead up to exams

- Work with your child to find what revision style works for them.
- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
- Make sure they are eating and drinking at regular intervals.
- Encourage them to take some time after revising to wind down.
- Reassure them – reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!

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# Things that can help in the lead up to exams

- Plan a treat or an activity together to mark the end of the exams.
- Set aside one to one time so that they can talk to you about any worries.
- **Let them know their feelings are valid and normal but also offer support and solutions where possible.**
- Anxiety is often worst at night, and this means it is useful to encourage a good bedtime routine.
- Work with them to develop relaxation techniques.
- If anxiety and stress start impacting their day-to-day life, seek help from your GP.

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# Progress and Pastoral Care

- Form Tutor 1:1 meetings
- Class Teachers providing support in lessons
- Mrs Houghton/E6 support
- Sixth Form Leadership Team Support
- Exams Team
- Invigilators

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# Progress and Pastoral Care

Support from Progress Mentors,  
Pastoral Staff and Sixth form  
Leadership Team support

Mrs Robinson  
[jrobinson@helsbyhigh.org](mailto:jrobinson@helsbyhigh.org)

Mrs Cook - Admin  
[acook@helsbyhigh.org](mailto:acook@helsbyhigh.org)

Mrs Cross  
[vcross@helsbyhigh.org](mailto:vcross@helsbyhigh.org)

Miss Houghton – E6  
[khoughton@helsbyhigh.org](mailto:khoughton@helsbyhigh.org)

Deputy Headteacher  
Dr Pritchard-Roberts  
[apritchardroberts@helsbyhigh.org](mailto:apritchardroberts@helsbyhigh.org)

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# Revision Resources

- Your teachers will direct you to the bespoke revision resources created for your subjects. We recommend that you use these resources as well as finding your own.

## Maths

Revision resources:

- ☐ Active Learn
- ☐ Kerboodle
- ☐ Maths Genie
- ☐ Corbett Maths
- ☐ Dr Frost

## Chemistry

Resources provided:  
Equation and Data Booklet

## English Language

Revision resources:  
Materials on Show my  
Homework and Teams  
Lesson resources and  
materials

## D&T – Product Design

Revision Resources: The following text books are useful to support revision for the exam papers: <https://www.amazon.co.uk/AQA-AS-Level-Design-Technology/dp/1510414088>

## Computer Science

Revision resources:

- ☐ Textbook - AQA AS and A Level Computer Science (PG Online) ☐ Revision booklet (Paper 1 and Paper 2 separate)
- ☐ Class notes/PowerPoints
- ☐ YouTube - Craig'n'Dave
- ☐ Mr Griffin will provide a link to a website that provides them with programming puzzles that they need to solve to prepare them for the practical programming element.

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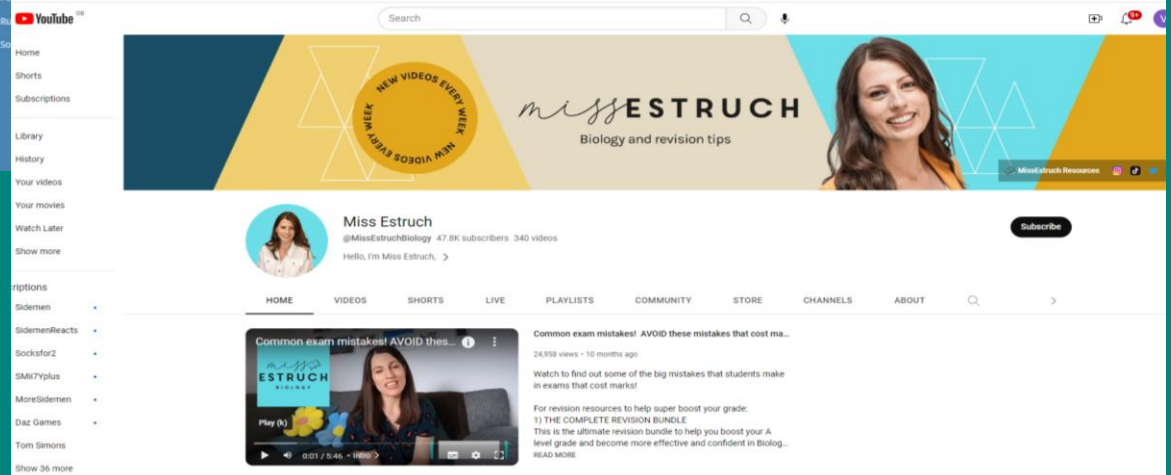
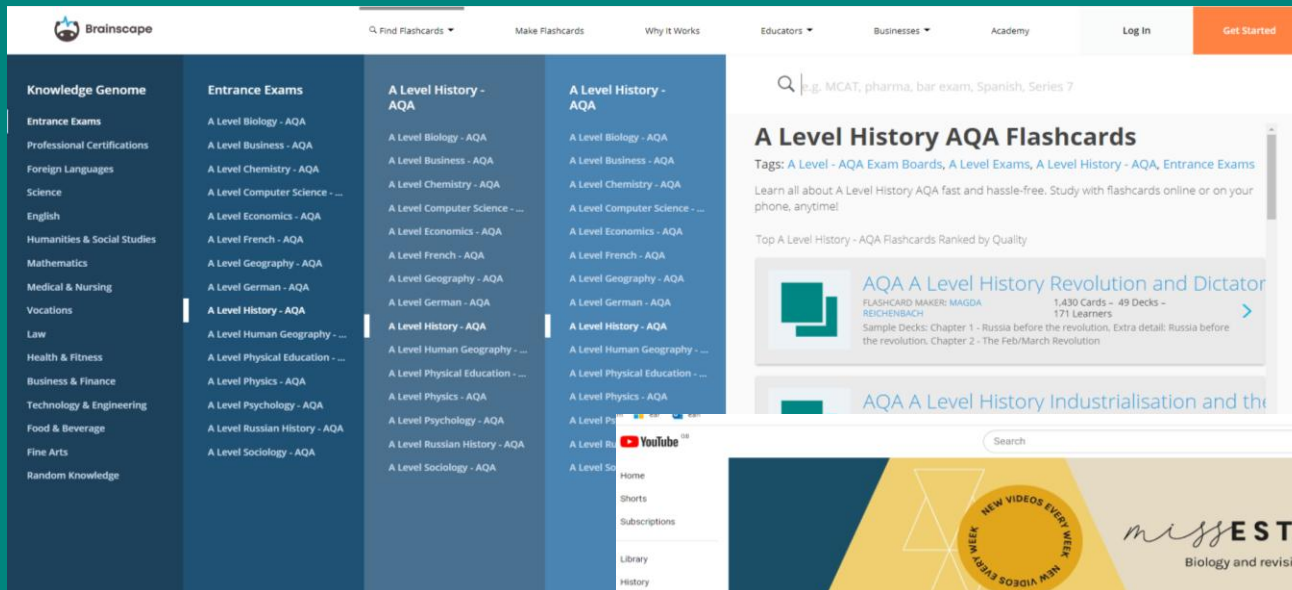
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# Revision Resources

- Find the revision website format or app that works for you.



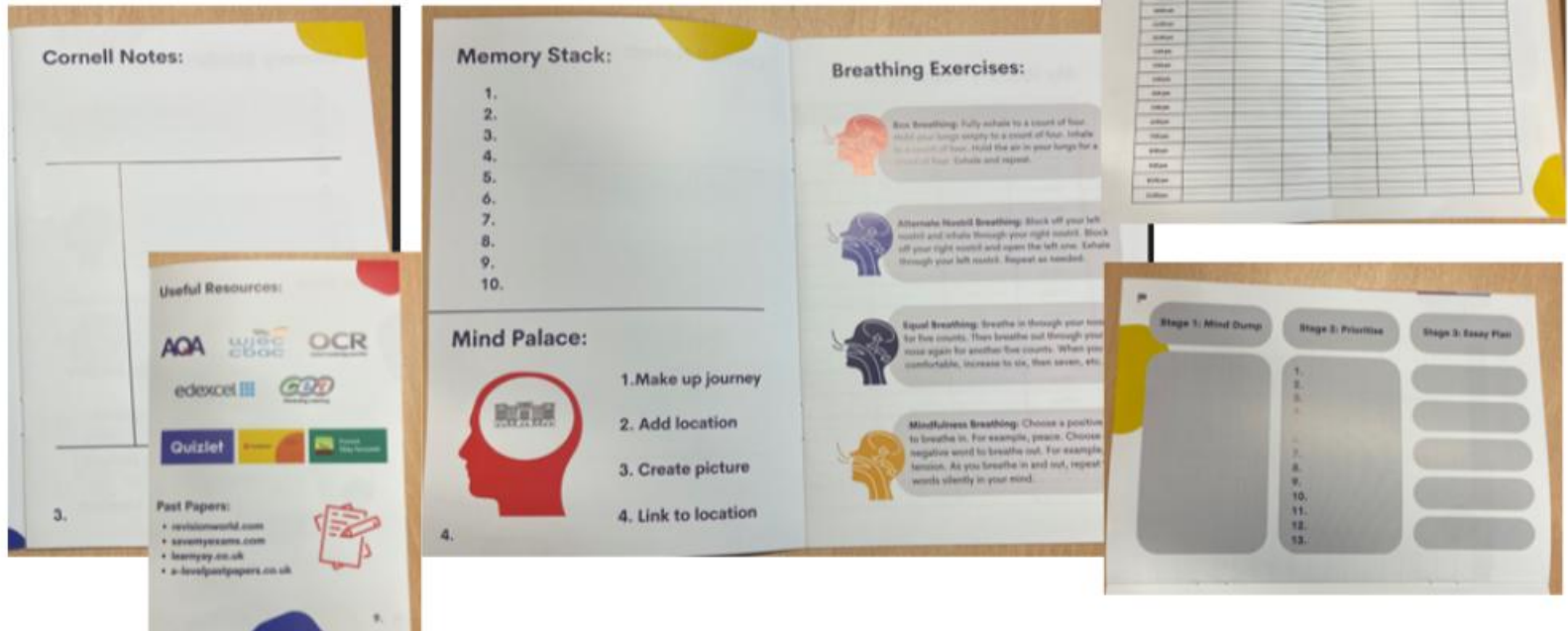
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# How to Revise

Year 13 were taught...



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High School



Remember the **Positively You**  
workshop Called 'Exam Mastery'

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# Positive Mindset

- Positive Mental Energy
- Resilience
- Perseverance
- Stamina
- Confidence
- Preparation
- Don't procrastinate, complete one task at a time



# What else can help????

- Ensure they create a manageable revision plan and encourage them to follow this
- Encourage them to access and use all available revision resources
- Encourage them to create summary revision sheets/cards, to access their learning at a glance
- Remind them that the better they prepare and the more confident they feel in their subject knowledge the less stressed they will feel when the exams start
- Make sure they have a quiet space to work, with no distractions.
- Be around as much as possible. You don't have to be at their side 24/7 but children like parents taking an interest in their revision (but not taking over).

# What else can help?

- Help them plan for good quality down time in between revision.
- Encourage them to break revision into manageable chunks and to take regular breaks in between revision sessions. It's far more effective to do 30 minutes of successful revision – rather than plough on for hours on end and not get anywhere.
- Encourage them to get out for some exercise and fresh air, and to eat healthy food and get lots of sleep.
- Most important of all, help your child to keep everything in perspective.

# Dates for the diary

- Year 13 Summer examinations  
Monday 12<sup>th</sup> May – Friday 20<sup>th</sup> June
- Year 13 Rewards Assembly and Celebration  
9:30am Friday 9<sup>h</sup> May
- Year 13 Prom – Thursday 26<sup>th</sup> June
- A-Level and Level 3 Vocational qualification  
Results Day Thursday 14<sup>th</sup> August 2025

# The Future

## Education, training and employment

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# Review of Information, Advice and Guidance

- Individual Careers Guidance Meetings
- University visits, talks, and meetings
- UCAS Conventions
- Apprenticeship visits, talks, and meetings
- 1:1 UCAS appointments





# Information, Advice & Guidance

- 1:1 Apprenticeship/World of Work/Gap Year meetings
- 1:1 Progress Mentor Meetings
- Work Experience Week
- Support to contact placements on results day
- Support navigating 'Clearing', if needed, on results day



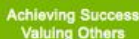
Just believe in yourself.  
Even if you don't,  
**pretend that you do**  
and, at some point,  
**you will.**

- Venus Williams



EXAM STUDY  
**EXPERT**

# Sixth Form



I am fine, I have got this, I am fine , I have  
got this, I am fine, I have got this, I am  
fine , I have got this, I am fine, I have got  
this, I am fine , I have got this, I am fine, I  
have got this, I am fine , I have got this,

# Summary – Supporting Year 13

- Lead by example
- Create a calm environment
- Speak their language and listen
- Pick the right time to chat
- Exam stress is normal
- Keep them well fed and well rested
- Help them be organised
- Get more support if needed

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# Please get in touch...

If you have any other questions please email  
[6thformadmin@helsbyhigh.org](mailto:6thformadmin@helsbyhigh.org)

## Thank you for attending

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