

Subject: Food

Date	Exams/ Assess	Unit(s)
2/9/24		<ul style="list-style-type: none"> World Cuisines – trend in consumption and research into distinctive features of some international cuisines Practical of curry (chicken or lentil, spinach & potato) Research into the distinctive features of an international cuisine Practical of Chinese Stir fry & noodles Group presentations about researched cuisine Practical of Greek no-bake cheesecake Key Marked Piece 1, electrical equipment & safe use of food processor Practical of breaded chicken or halloumi goujons
9/9/24		
16/9/24		
23/9/24		
30/09/24		
7/10/24		
14/10/24		
21/10/24		
4/11/24		<ul style="list-style-type: none"> Food poverty, wastage and sustainability Practical of all-day-breakfast bake for 1 Food miles and carbon footprint Practical of Spiced Apple muffins or mince pies – for HHS Christmas Party Genetically modified food Chilli-con-carne and rice OR pasta bolognese KMP2, Macro & micronutrients: functions and sources of each
11/11/24		
18/11/24		
25/11/24		
2/12/24		
9/12/24		
16/12/24		
6/1/25		
13/1/25		<ul style="list-style-type: none"> Practical of Chicken / halloumi Greek gyros (kebabs) a home-made healthier version of fast food take-away Factors affecting nutritional requirements, diet and health Practical of choc chip pudding & KMP3 Nutritional requirements of children Practical of Italian macaroni cheese (all-in-one starch based sauce) Dairy foods and their role in the diet of children
20/1/25		
27/1/25		
3/2/25		
10/2/25		
24/2/25		
3/3/25		
10/3/25		
17/3/25		<ul style="list-style-type: none"> Practical of chicken supreme (roux method velouté sauce) Methods of sauce making Practical of Chinese sweet and sour (blended method sauce) Nutritional requirements of and dietary guidelines for adults Practical of Vegan chocolate brownies KMP4 & Factors affecting food choice and meal planning for special diets 1: vegetarians
24/3/25		
31/3/25		
21/4/25		
28/4/25		
5/5/25		
12/5/25		
19/5/25		
2/6/25		<ul style="list-style-type: none"> Factors affecting food choice and meal planning for Special diets 2: athletes Practical of Italian meatballs (reduced sauce) Factors affecting food choice & meal planning for special diets 3: food intolerances and religious dietary restrictions Modifying recipes Practical of Italian Lasagne End of KS3 Written assessment End of KS3 practical Evaluation skills Menu planning
9/6/25		
16/6/25		
23/6/25		
30/6/25		
7/7/25		
14/7/25		