

Year 7 Long Term Scheme of Learning 2024-25

HELSEBY

High School



Subject: PSHCE

Date	Lesson	Unit(s)
2/9/24 13/9/24	1	Transition
16/9/24 27/9/24	2	Aspiration
30/9/24 11/10/24	3	Careers and Personal Development (LORIC)
14/10/24 25/10/24	4	E-Safety –Cyber Bullying
4/11/24 15/11/24	5	Respect
18/11/24 29/11/24	6	E-Safety – 'Sexting' Respect
2/12/24 13/12/24	7	Healthy Living
16/12/24 10/1/25	8	Dental Health
13/1/25 24/1/25	9	Promoting emotional wellbeing
27/1/25 7/2/25	10	Families
10/2/25 28/2/25	11	Grief
3/3/25 14/3/25	12	Changes In Puberty (CWP~ 1)
17/3/25 28/3/25	13	Managing Feelings (CWP~ 2)
31/3/25 25/4/25	14	Getting Help and Support (CWP~ 3)
28/4/25 9/05/25	15	Periods, The Menstrual Cycle and PMS
12/5/25 23/5/25	16	Careers and Personal Development (LORIC)
2/6/25 13/06/25	17	Drugs (CWP – 1)
16/6/25 27/6/25	18	Cannabis (CWP – 2)
30/6/25 11/7/25	19	Racism
14/7/25 18/7/25	20	Activity Week