

# HELSEBY

## Sixth Form



# **Year 11 Sixth Form Transition Material**

## **Psychology**

Congratulations on choosing to study Psychology at A Level/BTEC

The information and tasks contained in this booklet will help you to research and prepare for your course when you start at Sixth Form Helsby in September. They will provide you with an overview of what to expect from your A Level studies and help you to develop a greater understanding of the subject.

This is by no means an exhaustive list but it will help you to start thinking about the subject and extra-curricular study and research.

### **Podcasts/U-tube**

- The Psychology Podcast with Dr. Scott Barry Kaufman" - Interviews with psychologists exploring different topics in psychology.
- "The Brain Science Podcast" - Explores the research and discoveries in neuroscience and cognitive psychology.
- "All in the Mind" – Podcast on the human mind and mental health, featuring discussions with experts from various parts of the subject.
- "Hidden Brain" - Explores the unconscious patterns that influence human behaviour and decision-making.

### **Trips/Visits**

- Chester Zoo – to view animal infant caregiver attachments and behaviour
- Bethlehem Museum of the mind – Museum dedicated to celebrate the achievements of people with mental health disorders
- Bryan Charnley Art Exhibition – His art depicts his experiences of having schizophrenia
- Freud Museum London – The final home and now museum dedicated to the founder of psychoanalysis Sigmund Freud.

### **Reading**

- The Private Life of the Brain (2000), Susan Greenfield
- Consciousness Explained (1995), Daniel C Dennet
- Bad Science (2009), Ben Goldacre
- Thinking fast and slow (2011), Daniel Kahneman
- Key concepts in developmental psychology (2006), H. Rudolph Schaffer
- The seven deadly sins of psychology (2017), Chris Chambers
- Into the silent land introduction into neuropsychology (2021), Paul Broks

## **Ted Talks for Psychology**

- Why we laugh – Professor Sophie Scott  
[https://www.ted.com/talks/sophie\\_scott\\_why\\_we\\_laugh?language=en](https://www.ted.com/talks/sophie_scott_why_we_laugh?language=en)
- The science inside our hearts - Prof Sarah Garfinkel  
[https://www.ted.com/talks/dr\\_sarah\\_garfinkel\\_the\\_science\\_inside\\_our\\_hearts\\_and\\_minds](https://www.ted.com/talks/dr_sarah_garfinkel_the_science_inside_our_hearts_and_minds)
- The surprising connection between brain injuries and crime – Kim Gorgens  
[https://www.ted.com/talks/kim\\_gorgens\\_the\\_surprising\\_connection\\_between\\_brain\\_injuries\\_and\\_crime](https://www.ted.com/talks/kim_gorgens_the_surprising_connection_between_brain_injuries_and_crime)
- Why eyewitnesses get it wrong – Scott Fraser  
[https://www.ted.com/talks/scott\\_fraser\\_why\\_eyewitnesses\\_get\\_it\\_wrong](https://www.ted.com/talks/scott_fraser_why_eyewitnesses_get_it_wrong)

## **Volunteering Activities**

Nursery/Preschool – notes on attachment and child development

Primary School – Same as above

Brooker Centre Runcorn – Addiction / mental health

NHS – Same as above

Café71 Spider Project Chester – Mental health

YMCA – Addiction / Same as above

SEN teaching assistant – Child development, special education needs

MIND UK – mental illness

## **UCAS**

- <https://www.ucas.com/explore/search/all?query=Psychology>

## **Other Resources – Extra Curricular activities**

- National Psychology Olympiad - A national competition run by Royal Holloway that tests knowledge and understanding of psychology concepts.
- International Brain Bee - A global neuroscience competition that challenges knowledge of brain structure, function, and disorders.
- The John Locke Essay Competition - Challenges students to write an essay on a choice of psychological topics.