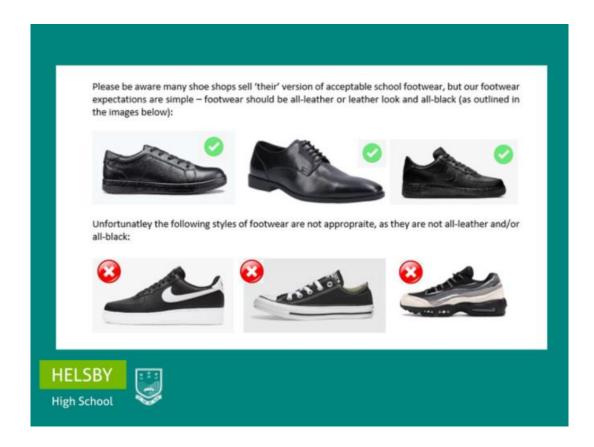
Uniform

- Blazer (badged)
- School Tie
- White shirt/blouse
- Black fully pleated (from the waist) knee length skirt or black school trousers (no jeans, jogging/tracksuit bottoms or tight fashion trousers)
- Black V neck pullover (to be worn with blazer)
- Black socks or thick plain black tights
- No extremely short haircuts, partially or totally shaved heads, extremes
 of colour, hair extensions or extremes in fashion styles are not
 acceptable. A 'number 3' haircut is the minimum permitted.
- Minimal make-up, no nail varnish or false nails (to include acrylic nails) are to be worn.
- Hair ribbons or bobbles (if worn) should be bottle green, black or white.
- No jewellery should be worn apart from a watch and a single (pair of) small stud earring(s). No facial piercings (to include nose and lip) are allowed
- Coat for outside wear only (denim, leather coats or hooded tops are not acceptable).
- Shoes black flat heeled (trainers, boots, sandals or fashion shoes are not acceptable).



PE Kit September 2023 (Year 7)

Kit is listed by sport. During the academic year the following sports will be offered during lesson time:

Boys & Girls: Football, Tag Rugby, Basketball, Badminton, Tennis, Cricket,

Athletics, Health & Fitness/Gymnastics **Boys:** Dodgeball, Running Activities **Girls:** Netball, Rounders, Dance

Compulsory Kit for ALL Students

Football boots (see guidance below) and shin pads.Non marking trainers

Football & Tag Rugby

- · Polo Shirt emerald green/black side panel, Helsby High School logo
- Black football shorts* (not cycling shorts)
- Emerald green football socks*

Athletics, Badminton, Basketball, Dodgeball, Health & Fitness/Gymnastics, Cricket, Running Activities, Dance, Netball, Tennis & Rounders

- Polo Shirt emerald green/black side panel, Helsby High School logo
 Black football shorts* (not cycling shorts)
 - White ankle/trainer sports socks *

PE Kit September 2023 (Year 8 – 11)

Kit is listed by sport. During the academic year the following sports will be offered during lesson time:

Boys & Girls: Football, Tag Rugby, Basketball, Badminton, Tennis, Cricket,

Athletics, Health & Fitness/Gymnastics **Boys:** Dodgeball, Running Activities **Girls:** Netball, Rounders, Dance

Compulsory Kit for ALL Students

Football boots (see guidance below) and shin pads.
Non marking trainers

Football & Tag Rugby

- · Emerald green/white reversible Rugby/Football shirt
- White shorts*
- Emerald green football socks*

OR

- White polo shirt with teal panels (with logo on front)
- Black skort with teal panels
- White football socks*

Athletics, Badminton, Basketball, Dodgeball, Health & Fitness/Gymnastics, Cricket, Running Activities, Dance, Netball, Tennis & Rounders

- Athletic vest green with HELSBY printed on front
- White shorts*
- White ankle/trainer sports socks *

OR

- · White polo shirt with teal panels (with logo on front)
- Black skort with teal panels
- White ankle/trainer sports socks *

Suitable Boots for 3G Pitch



Non-Compulsory Kit

- Black mid layer with Helsby High School logo (outdoors only)
- Black tracksuit bottoms to be worn instead of black shorts (outdoors only)*

Items marked (*) can be bout form your usual retailer