Year 13 Long Term Scheme of Learning 2023-24



Sport and Physical Activity

Date Exams/ Assess Sports Organisation and Development Sports Injuries and Rehabilitation LO1: Know common sports injuries and their effects LO2: Understand sports development LO3: Understand their effects LO2: Be able to minimise the risk of sports injuries LO3: Understand attribution for sport and exercise Task 1: Motivation for sport and exercise Task 2: Attribution in relation to sport and exercise Task 2: Attribution interview LO3: Understand attribution theory in relation to sport and exercise Task 2: Attribution interview LO3: Understand attribution theory in relation to sport and exercise Task 2: Attribution interview LO3: Understand attribution theory in relation to sport and exercise Task 2: Attribution interview LO3: Understand the effects of stress, anxiety and arousal in sport and exercise Task 3: Coaches app LO4: Understand the effects of stress, anxiety and arousal in sport and exercise Task 3: Coaches app LO4: Understand the effects of stress, anxiety and arousal in sport and exercise Task 3: Coaches app LO4: Understand the effects of stress, anxiety and arousal in sport and exercise Task 3: Coaches app LO4: Understand the effects of stress, anxiety and arousal in sport and exercise Task 3: Coaches app LO4: Understand the effects of stress, anxiety and arousal in sport and exercise Task 3: Coaches app LO4: Understand the effects LO4: Understand the effects of stress, anxiety and arousal in sport and exercise LO4: Understand the effects LO4: Understand the ef
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rehabilitation psychological impact
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specific sports injury on mental health and
25/3/24 Task 3: Rehabilitation wellbeing Programme Task 5: Case study
15/4/24
22/4/24
29/4/24 Futowell readouting Futowell readouting
6/5/24 External moderation External moderation
13/5/24 Start of A-level exams
20/5/24
3/6/24
17/6/24
17/6/24
1/7/24
1/7/24 8/7/24
8/7/24 15/7/24