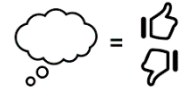


Education and employment is constantly changing and parents and guardians may have many questions such as:



- Are apprenticeships right for my child?
- Should they be considering BTECs, A levels or T-Levels?
- How can I guide my child to make choices in Year 9 that will set them up for a brighter future?
- Which jobs will give my son/daughter the most opportunities in the future?
- Which employability skills are important for my child to demonstrate?

Helsby High School is keen to work with parents to help our students receive the best advice their future opportunities and careers. There are many ways that you can help us to give your son or daughter guidance about their future career choice. **We have outlined below activities that take place at school and useful links and activities to use at home.**

At home



Learn Live

Learn Live

Our Learn Live page provides an opportunity for students to engage with employers and educational providers. There are a series of videos to choose from, providing information on careers and future routes to employment, and an opportunity for students to ask questions in the chat function.

<https://learnliveuk.com/partner/helsby-high-school/>

Useful websites

<https://nationalcareers.service.gov.uk/explore-careers> This gives concise information about specific jobs e.g. entry requirements, salary and day to day tasks. Also useful for generating career ideas e.g. what jobs are there in the creative sector, engineering, health care, working with animals.

<https://icould.com> A good starting point if you have no career ideas at all – take the **Buzz Quiz**, which helps you to consider your personality and skills and which careers may suit you. Explore careers related to school and college subjects and how to choose GCSEs and post 16 options.

<https://www.startprofile.com/> Create an account and work through modules looking at your strengths and interests to help generate career ideas. Explore the world of work, choosing options at 14, 16 and 18, apprenticeships and get help with applying to university.

<https://www.ucas.com> The UCAS website is not just about how to choose a university course, apply to university, entry requirements, UCAS points and student finance; it is also great for researching careers, job roles, apprenticeships and how to write a CV.

<https://www.prospects.ac.uk/> Very useful for exploring graduate careers e.g. What can a degree in history lead to? Gives lots of detailed information on specific jobs.

<https://www.gov.uk/apply-apprenticeship> This is the place to search for apprenticeship vacancies in your local area and beyond.

<https://amazingapprenticeships.com/vacancies/> Useful for finding out when specific companies recruit, what sort of vacancies they have and tips on how to apply.

There is more information on universities and apprenticeships on the student page.

At school....



OPEN DAYS

Helsby High School provides Open evenings for you to attend with your son or daughter in both Y9 and Y11. This is an opportunity to visit different departments and discuss future courses available at KS4 and the Sixth form. Our Careers adviser, Rosie Morris, is available on these days if you would like one to one guidance with your child. We also encourage other educational providers (eg local colleges) to visit our school or arrange visits for our students.

INDEPENDENT CAREERS ADVICE

Rosie Morris is our Independent Careers advisor and is in school two days a week. Your son or daughter will be offered an appointment in Y10/11 and Y12/13. Parents and guardians are welcome to attend these meetings. Please contact rmorris@helsbyhigh.org

WORK EXPERIENCE

During Year 12 all our students will undertake a week of work experience in December. There will be a selection of real business projects for your son/daughter to work on. Please encourage them to choose a project that interests them and take an active role in their group task.

PSHCE and Form Time

Careers educational and guidance is part of our personal development curriculum and delivered in each year group in PSHCE lessons and form period. In addition, in the summer term we offer 'Futures Days' linking with local employers and focusing on employability skills.

EMPLOYABILITY SKILLS AND PERSONAL DEVELOPMENT

At Helsby High School we want to do everything we can to support our students learning and personal growth. It is for this reason that we have launched LORIC with our students. LORIC is designed to help students to develop the skills desired by employers and that are necessary for future success.

<https://www.helsbyhigh.org.uk/students/pixl-edge-loric/>

