

The Edge

Student Training

Part 1

Describing the activity



Describing an activity

LORIC

Leadership

Organisation

Resilience

Initiative

Communication

- Once you have selected an activity that you wish to complete you need to describe how you are going to complete it.
- This does not need to be an essay! There is a minimum of 100 characters that need to be used when writing your description.
- You must remember to do 3 things when writing your description.
 1. Mention what you are going to do
 2. How are you planning to achieve it
 3. How are you planning to show and improve the particular LORIC skill through completing the activity.

Communication example:

Activity = Show an elderly/non-technical relative or friend how to use the internet for something relevant to them.

Example 1

- I will teach my Grandma how to use her mobile.

1. Mention what you are going to do
2. How are you planning to achieve it
3. How are you planning to show and improve the particular **LORIC** skill through completing the activity.

Example 2

- I will teach my Grandma how to check the weather forecast using her mobile phone. I will need to arrange a time for us to meet and think about which website to use. This will help me improve my communication skills as I will have to really think about the words I use as she does not understand technology!

Organisation example:

Activity – Organise the care of a neighbour’s garden and dustbins while they are away.

Example 1

- I will look after the garden and bins.

1. Mention what you are going to do
2. How are you planning to achieve it
3. How are you planning to show and improve the particular LORIC skill through completing the activity.

Example 2

- I will keep the bins neat and tidy and make sure that they are ready for the dustman’s collection. I will also cut the grass and look after their front and back gardens. This will help improve my organisation as I will need to find out when the rubbish is collected and organise myself at the weekend so I have time to cut the grass.

Task: Write a description for the following leadership activity. Remember to think about the 3 points that you need to cover. Share your description with your learning partner. Give each other advice on how it can be improved. (Remember it should be over 100 characters, but should not be an essay!)

1. Mention what you are going to do
2. How are you planning to achieve it
3. How are you planning to show and improve the particular **LORIC** skill through completing the activity.

Leadership Activity

- Lead a coaching session in PE.